

# 2024 Midwestern Long Course Championship

## Scratch Deadlines and Relay card deadlines

### Friday Morning Prelim Session

- Scratch deadline – 6:00 p.m. Thursday via email to [mwoffice@mwsim.org](mailto:mwoffice@mwsim.org)
- 400 Free – Scratch deadline – 7:30 am Friday - Admin Ref/Clerk of Course
- Reminder: fastest 8 will swim in finals session; **no down-seeding**-Admin Ref/Clerk of Course
- 400 Medley Relay (AM) – scratches by 8:00 a.m.; Relay cards due by 9:30 a.m.
- 200 Free Relay (Finals) – scratches by 8:00 a.m.; Relay cards due by 5:30 p.m.

### Friday Afternoon Timed Finals

- 400 Medley Relay – Relay cards due **30 minutes after the start of session.** (1:45 pm)

### Saturday Morning Prelim Session

- Scratch deadline – ½ hour after the start of Friday evening Finals – Admin Ref/Clerk of Course
- 400 IM – scratches by 7:30 a.m.; fastest 8 will swim in finals session – **no down-seeding**-Admin Ref/Clerk of Course
- 800 Free – scratches by 7:30 a.m.; Admin Ref/Clerk of Course. Must provide 2 timers and a counter
- 200 Medley Relay (Finals) – scratches by 8:00 a.m.; Relay cards due by 5:30 p.m.

### Saturday Afternoon Timed Finals

- 200 Free Relay – Relay cards due by **20 minutes before start of session.** (12:55 pm)

### Sunday Morning Prelim Session

- Scratch deadline – ½ hour after the start of Saturday evening Finals – Admin Ref/Clerk of Course
- 1500 Freestyle – scratches by 7:30 a.m.; Admin Ref/Clerk of Course. Must provide 2 timers and a counter
- 400 Free Relay (Finals) – scratches by 8:00 a.m.; Relay cards due by 5:30 p.m.

### Sunday Afternoon Timed Finals

- 200 Medley Relay – Relay cards due by **20 minutes before start of session.** (12:55 pm)
- 400 Free Relay – Relay cards due by **start of session.** (1:15pm)

### Penalties for 13 & O Events

- Failure to scratch before prelim scratch deadlines – DFS prior to start of heat or offending swimmer will be barred from further competition on that day (USA R&R 207.11.6)
- Failure to swim a checked in Finals event – swimmer will be barred from the remainder of the meet
- Failure to swim a checked-in event - \$25.00 fine (not scratching is considered to be checked-in)
- Failure to not scratch Sunday evening finals and no show - \$50.00 fine

### Time Trials

- Friday, Saturday, and Sunday – after conclusion of the Morning Sessions if time permits; 9:00 a.m. sign-up deadline
- Sunday Afternoon Time Trials - only if time permits before the start of Finals warm-ups – 2:00 p.m. deadline