

2024 MW Midwestern LC Championship - 7/26/2024 to 7/28/2024
Lincoln NE Woods Pool - 50 m, Sanction #: MWS24035; MWS24035TT
Session Report

Session: 1 Friday Morning Prelim Session

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 13 & Over 100 Butterfly	54	7 u	08:00 AM	_____
Prelims	2 Boys 13 & Over 100 Butterfly	58	8 u	08:12 AM	_____
Finals-S	3 Girls 13 & Over 400 Freestyle	9	2 u	08:23 AM	_____
Finals-S	4 Boys 13 & Over 400 Freestyle	12	2 u	08:34 AM	_____
Prelims	5 Girls 13 & Over 200 Breaststroke	41	6 u	08:45 AM	_____
Prelims	6 Boys 13 & Over 200 Breaststroke	29	4 u	09:06 AM	_____
Prelims	7 Girls 13 & Over 50 Backstroke	68	9 u	09:19 AM	_____
Prelims	8 Boys 13 & Over 50 Backstroke	49	7 u	09:30 AM	_____
Prelims	9 Girls 13 & Over 200 IM	84	11 u	09:38 AM	_____
Prelims	10 Boys 13 & Over 200 IM	70	9 u	10:13 AM	_____
Finals	11 Girls 13-14 400 Medley Relay	10	2 u	10:39 AM	_____
Finals	13 Girls 11 & Over 400 Medley Relay	13	2 u	10:52 AM	_____
Finals	12 Boys 13-14 400 Medley Relay	8	1 u	11:03 AM	_____
Finals	14 Boys 11 & Over 400 Medley Relay	14	2 u	11:10 AM	_____
	Swimmers Counts for Warm-ups: 292	=====	=====		
	Entry / Heat Totals:	519	72		
	Finish Time			11:20 AM	_____

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Session: 2 Friday Afternoon 12 & U Session

Day of Meet: 1 Starts at 01:15 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Girls 11-12 200 Backstroke	15	2 u	01:15 PM	_____
Finals	20 Boys 11-12 200 Backstroke	8	1 u	01:23 PM	_____
Finals	21 Girls 10 & Under 50 Butterfly	23	3 u	01:27 PM	_____
Finals	22 Boys 10 & Under 50 Butterfly	11	2 u	01:30 PM	_____
Finals	23 Girls 11-12 50 Butterfly	25	4 u	01:33 PM	_____
Finals	24 Boys 11-12 50 Butterfly	12	2 u	01:37 PM	_____
	Break: 8 Minutes:				
Finals	25 Girls 10 & Under 200 Freestyle	18	3 u	01:47 PM	_____
Finals	26 Boys 10 & Under 200 Freestyle	11	2 u	01:58 PM	_____
Finals	27 Girls 11-12 200 Freestyle	24	3 u	02:06 PM	_____
Finals	28 Boys 11-12 200 Freestyle	13	2 u	02:15 PM	_____
	Break: 8 Minutes:				
Finals	29 Girls 10 & Under 100 Breaststroke	24	3 u	02:30 PM	_____
Finals	30 Boys 10 & Under 100 Breaststroke	11	2 u	02:37 PM	_____
Finals	31 Girls 11-12 100 Breaststroke	29	4 u	02:42 PM	_____
Finals	32 Boys 11-12 100 Breaststroke	10	2 u	02:50 PM	_____
	Break: 8 Minutes:				
Finals	33 Girls 11-12 400 Medley Relay	11	2 u	03:02 PM	_____
Finals	34 Boys 11-12 400 Medley Relay	5	1 u	03:17 PM	_____
	Break: 10 Minutes:				
Finals	35 Girls 11-12 400 IM	5	1 u	03:33 PM	_____
Finals	36 Boys 11-12 400 IM	2	1 u	03:40 PM	_____
	Swimmers Counts for Warm-ups: 154	=====	=====		
	Entry / Heat Totals:	257	40		
	Finish Time			03:46 PM	_____

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Session: 4 Saturday Morning Prelim Session

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	37 Girls 13-14 50 Freestyle	51	7 u	08:00 AM	_____
Prelims	38 Boys 13-14 50 Freestyle	29	4 u	08:07 AM	_____
Prelims	39 Girls 15 & Over 50 Freestyle	75	10 u	08:10 AM	_____
Prelims	40 Boys 15 & Over 50 Freestyle	77	10 u	08:18 AM	_____
Finals-S	41 Girls 13 & Over 400 IM	6	1 u	08:26 AM	_____
Finals-S	42 Boys 13 & Over 400 IM	4	1 u	08:33 AM	_____
Prelims	43 Girls 13 & Over 50 Breaststroke	77	10 u	08:39 AM	_____
Prelims	44 Boys 13 & Over 50 Breaststroke	61	8 u	08:50 AM	_____
Prelims	45 Girls 13 & Over 200 Freestyle	74	10 u	08:58 AM	_____
Prelims	46 Boys 13 & Over 200 Freestyle	72	9 u	09:26 AM	_____
Prelims	47 Girls 13 & Over 100 Backstroke	62	8 u	09:50 AM	_____
Prelims	48 Boys 13 & Over 100 Backstroke	45	6 u	10:05 AM	_____
Finals	49 Girls 11 & Over 800 Freestyle	13	2 u	10:15 AM	_____
Finals	50 Boys 11 & Over 800 Freestyle	14	2 u	10:38 AM	_____
	Swimmers Counts for Warm-ups: 325	=====	=====		
	Entry / Heat Totals:	660	88		
	Finish Time			11:00 AM	_____

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Session: 5 Saturday Afternoon 12 & U Session

Day of Meet: 2 Starts at 01:15 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	55 Girls 11-12 200 Freestyle Relay	12	2 u	01:15 PM	_____
Finals	56 Boys 11-12 200 Freestyle Relay	6	1 u	01:21 PM	_____
Finals	57 Girls 10 & Under 200 Freestyle Relay	9	2 u	01:24 PM	_____
Finals	58 Boys 10 & Under 200 Freestyle Relay	7	1 u	01:31 PM	_____
Finals	59 Girls 11-12 200 Butterfly	3	1 u	01:36 PM	_____
Finals	60 Boys 11-12 200 Butterfly	2	1 u	01:40 PM	_____
	Break: 10 Minutes:				
Finals	61 Girls 10 & Under 100 Freestyle	37	5 u	01:53 PM	_____
Finals	62 Boys 10 & Under 100 Freestyle	21	3 u	02:02 PM	_____
Finals	63 Girls 11-12 100 Freestyle	36	5 u	02:08 PM	_____
Finals	64 Boys 11-12 100 Freestyle	20	3 u	02:16 PM	_____
	Break: 8 Minutes:				
Finals	65 Girls 10 & Under 50 Backstroke	37	5 u	02:29 PM	_____
Finals	66 Boys 10 & Under 50 Backstroke	22	3 u	02:36 PM	_____
Finals	67 Girls 11-12 50 Backstroke	31	4 u	02:41 PM	_____
Finals	68 Boys 11-12 50 Backstroke	12	2 u	02:46 PM	_____
	Break: 8 Minutes:				
Finals	69 Girls 10 & Under 200 IM	16	2 u	02:56 PM	_____
Finals	70 Boys 10 & Under 200 IM	11	2 u	03:05 PM	_____
Finals	71 Girls 11-12 200 IM	26	4 u	03:13 PM	_____
Finals	72 Boys 11-12 200 IM	14	2 u	03:28 PM	_____
	Break: 8 Minutes:				
Finals	73 Girls 11-12 400 Freestyle	3	1 u	03:43 PM	_____
Finals	74 Boys 11-12 400 Freestyle	5	1 u	03:49 PM	_____
	Swimmers Counts for Warm-ups: 187	=====	=====		
	Entry / Heat Totals:	330	50		
	Finish Time			03:55 PM	_____

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Session: 7 Sunday Morning Prelim Session

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	75 Girls 13 & Over 50 Butterfly	108	14 u	08:00 AM	_____
Prelims	76 Boys 13 & Over 50 Butterfly	83	11 u	08:14 AM	_____
Prelims	77 Girls 13 & Over 100 Breaststroke	59	8 u	08:23 AM	_____
Prelims	78 Boys 13 & Over 100 Breaststroke	45	6 u	08:37 AM	_____
Prelims	79 Girls 13 & Over 200 Backstroke	45	6 u	08:47 AM	_____
Prelims	80 Boys 13 & Over 200 Backstroke	37	5 u	09:08 AM	_____
Prelims	81 Girls 13 & Over 100 Freestyle	120	15 u	09:24 AM	_____
Prelims	82 Boys 13 & Over 100 Freestyle	118	15 u	09:46 AM	_____
Prelims	83 Girls 13 & Over 200 Butterfly	15	2 u	10:06 AM	_____
Prelims	84 Boys 13 & Over 200 Butterfly	12	2 u	10:13 AM	_____
Finals	85 Girls 11 & Over 1500 Freestyle	9	2 u	10:18 AM	_____
Finals	86 Boys 11 & Over 1500 Freestyle	12	2 u	11:02 AM	_____
	Swimmers Counts for Warm-ups: 333	====	====		
	Entry / Heat Totals:	663	88		
	Finish Time			11:42 AM	_____

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Session: 8 Sunday Afternoon 12 & U Session

Day of Meet: 3 Starts at 01:15 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	91 Girls 11-12 200 Medley Relay	14	2 u	01:15 PM	_____
Finals	92 Boys 11-12 200 Medley Relay	8	1 u	01:23 PM	_____
Finals	93 Girls 10 & Under 200 Medley Relay	10	2 u	01:27 PM	_____
Finals	94 Boys 10 & Under 200 Medley Relay	8	1 u	01:36 PM	_____
Finals	95 Girls 11-12 200 Breaststroke	22	3 u	01:42 PM	_____
Finals	96 Boys 11-12 200 Breaststroke	7	1 u	01:54 PM	_____
	Break: 10 Minutes:				
Finals	97 Girls 10 & Under 100 Backstroke	24	3 u	02:08 PM	_____
Finals	98 Boys 10 & Under 100 Backstroke	19	3 u	02:15 PM	_____
Finals	99 Girls 11-12 100 Backstroke	31	4 u	02:22 PM	_____
Finals	100 Boys 11-12 100 Backstroke	16	2 u	02:31 PM	_____
	Break: 10 Minutes:				
Finals	101 Girls 10 & Under 50 Freestyle	36	5 u	02:45 PM	_____
Finals	102 Boys 10 & Under 50 Freestyle	25	4 u	02:50 PM	_____
Finals	103 Girls 11-12 50 Freestyle	41	6 u	02:54 PM	_____
Finals	104 Boys 11-12 50 Freestyle	26	4 u	03:00 PM	_____
	Break: 10 Minutes:				
Finals	105 Girls 10 & Under 100 Butterfly	8	1 u	03:14 PM	_____
Finals	106 Boys 10 & Under 100 Butterfly	6	1 u	03:16 PM	_____
Finals	107 Girls 11-12 100 Butterfly	16	2 u	03:18 PM	_____
Finals	108 Boys 11-12 100 Butterfly	7	1 u	03:22 PM	_____
	Break: 10 Minutes:				
Finals	109 Girls 10 & Under 50 Breaststroke	23	3 u	03:34 PM	_____
Finals	110 Boys 10 & Under 50 Breaststroke	13	2 u	03:38 PM	_____
Finals	111 Girls 11-12 50 Breaststroke	25	4 u	03:40 PM	_____
Finals	112 Boys 11-12 50 Breaststroke	13	2 u	03:45 PM	_____
	Break: 10 Minutes:				
Finals	113 Girls 11-12 400 Freestyle Relay	14	2 u	03:57 PM	_____
Finals	114 Boys 11-12 400 Freestyle Relay	8	1 u	04:10 PM	_____
	Swimmers Counts for Warm-ups: 210	=====	=====		
	Entry / Heat Totals:	420	60		
	Finish Time			04:18 PM	_____