

Midwestern Awards – 2010-2011

Coach of the Year: Tom Beck, GOAL

Age Group Coach of the Year: Louis Balogh, LSS

Zone Coach 2011: John Ebitto; **Allstar Coach 2011:** Louis Balogh

Hall of Fame:

Rory Berigan

Matt Barager

Midwestern Record Breakers – 2011-2011

Short Course 2010-2011

8 & U	Josh Pales	50 Breast	LSS
10 & U	Shelby Mullendore	100 Back	HLA
10 & U	Michael Ayars	100 Free	LSS
	Michael Ayars	50 Breast	LSS
	Michael Ayars	100 Breast	LSS
	Michael Ayars	100 IM	LSS
	CBSC	200 Free Rel	Zach Shudak, Quinn Williams, Jackson Allmon, Luke Hemmingsen
11-12	Ashley Pales	200 Breast	LSS
	GNST	200 Free Rel	Emma Vertin, Dannie Dilsaver, Linzie Kreizel, Caroline Theil
	GNST	400 Free Rel	Dannie Dilsaver, Emma Vertin, Linzie Kreizel, Caroline Theil
	GNST	400 Med Rel	Emma Vertin, Dannie Dilsaver, Linzie Kreizel, Caroline Theil
13-14	Brennan Balogh	100 Back	LSS
	Brennan Balogh	200 Back	LSS
	LSS	400 Med Rel	Brennan Balogh, Drew Linder, Griffin Day, Jacob Pales
15-16	Bob Glover	100 Back	UN
	Will Raynor	200 Back	GOAL
	Will Raynor	400 IM	GOAL
	MAC	400 Free Rel	Bob Glover, Colin Donohue, Kevin Boldt, Neil Girmus
17-18	Will Raynor	200 IM	UN
	GOAL	200 Free Rel	Ryan Miksch, Caleb Schuermann, Andre Wilt, Will Raynor
	GOAL	200 Med Rel	Andre Wilt, Will Raynor, Ryan Miksch, Caleb Schuermann
Senior	GOAL	200 Free Rel	Ryan Miksch, Caleb Schuermann, Andre Wilt, Will Raynor
	GOAL	200 Med Rel	Andre Wilt, Will Raynor, Ryan Miksch, Caleb Schuermann

Long Course 2010

10 & U	GNST	200 Free Relay	Katie Stonehocker, Olivia Theil, Paige Silverberg, Berkeley Livingston
	Alex Petty	50 Breast	LSS
	Alex Petty	100 Breast	LSS
11-12	Dannie Dilsaver	200 Free	GNST
	Emma Vertin	200 Back	GNST
	Ashley Pales	200 Breast	LSS
	Dannie Dilsaver	200 Fly	GNST
	Dannie Dilsaver	400 Ind Med	GNST
	GNST	200 Free Relay	Dannie Dilsaver, Caroline Theil, Emma Vertin, Cassie Roberts
11-12	Ben Morris	200 Breast	LSS
	LSS	200 Free Relay	Masen Louviere, Nolan Reid, Ben Morris, Michael Ayars
	LSS	400 Free Relay	Nolan Reid, Masen Louviere, Michael Arays, Ben Morris
13-14	LSS	800 Free Relay	Emma Ebito, Emily Graul, Olivia Appleget, Jessica Storer
13-14	Jacob Pales	100 Free	LSS
	Jacob Pales	200 Free	LSS
	Brennan Balogh	100 Back	LSS
	Brennan Balogh	200 Back	LSS
	Brennan Balogh	100 Fly	LSS
	Brennan Balogh	200 Fly	LSS
	Brennan Balogh	200 Ind Medley	LSS
	Brennan Balogh	400 Ind Medley	LSS
15-16	MOST	200 Free Relay	Evan White, Ethan Jacobsen, Carter Deras, Garrett Cadotte
	MOST	200 Med Relay	Ethan Jacobsen, Garrett Cadotte, Carter Deras, Evan White
17-18	Ryan Miksch	100 Free	GOAL
	Will Raynor	200 Back	GOAL
Senior	HUSK	400 Med Relay	Ellan Dufour, Ashley Reiter, Shannon Guy, Haley Martin
Senior	GOAL	200 Free Relay	Ryan Miksch, Andrew North, Caleb Schuermann, Tom Gasnick
	GOAL	400 Free Relay	Ryan Miksch, Caleb Schuermann, Will Raynor, Tom Gasnick
	GOAL	200 Med Relay	Will Raynor, Evan Gensler, Andrew North, Ryan Miksch

Midwestern Scholastic All America Team 2011

The following Midwestern swimmers have been selected to the 2011 Scholastic All America Team for USA Swimming.

These swimmers all have made the required time standard and have a 3.5 GPA or higher. Congratulations to these swimmers!

Blake M Balogh	LSS
Karen M Illg	MAC
Kyra A Lindholm	GOAL
Elizabeth A McGinn (3)	MAC
Mollie R McNeel	LSS
Erin N Oeltjen	MAC
Ethan I Ebitto	LSS
Neil Girmus	MAC
Robert S Glover	MAC
Colin R Krysl	SCSC
Andrew C Nelson	GNST
William J Raynor	GOAL
Isaac Springer	MAC
Andre C Wilt	GOAL

Top 10 Awards - 2010

Short Course 2009-2010

8 th	Age 12	50 yd Freestyle	Jacob Pales – Lincoln Select Swimming
9 th	Age 12	500 yd Freestyle	Brennan Balogh – Lincoln Select Swimming
8 th	Age 12	50 yd Backstroke	Brennan Balogh – Lincoln Select Swimming
2 nd	Age 12	100 yd Backstroke	Brennan Balogh – Lincoln Select Swimming
4 th	Age 12	200 yd Backstroke	Brennan Balogh – Lincoln Select Swimming
5 th	Age 12	100 yd Butterfly	Brennan Balogh – Lincoln Select Swimming
6 th	Age 12	200 yd Butterfly	Brennan Balogh – Lincoln Select Swimimng
1 st	Age 12	100 yd Ind Medley	Brennan Balogh – Lincoln Select Swimming
4 th	Age 12	200 yd Ind Medley	Brennan Balogh – Lincoln Select Swimming
1 st	Age 12	400 yd Ind Medley	Brennan Balogh – Lincoln Select Swimming

Long Course 2010

8 th	Age 11	50 m Breaststroke	Ashley Pales – Lincoln Select Swimming
7 th	Age 11	100 m Breaststroke	Ashley Pales – Lincoln Select Swimming
5 th	Age 11	200 m Breaststroke	Ashley Pales – Lincoln Select Swimming
9 th	Age 12	200 m Backstroke	Brennan Balogh – Lincoln Select Swimming
3 rd	Age 12	400 m Ind Medley	Brennan Balogh – Lincoln Select Swimming
6 th	Age 13	100 m Backstroke	Brennan Balogh – Lincoln Select Swimming
1 st	Age 13	200 m Backstroke	Brennan Balogh – Lincoln Select Swimming
6 th	Age 13	100 m Butterfly	Brennan Balogh – Lincoln Select Swimming
4 th	Age 13	200 m Ind Medley	Brennan Balogh – Lincoln Select Swimming
3 rd	Age 13	400 m Ind Medley	Brennan Balogh – Lincoln Select Swimming

Swimmer of the Year Awards:

2010-2011 Short Course

10 & U Girls -	Shelby Mullendore	Heartland Aquatics
10 & U Boys -	Michael Ayars	Lincoln Select Swimming
11-12 Girls -	Dannie Dilsaver	Greater Nebraska Swim Team
11-12 Boys -	Michael Simmons	Greater Omaha Swim Team
13-14 Girls -	Alexis Altmaier	Heartland Aquatics
13-14 Boys -	Brennan Balogh	Lincoln Select Swimming
15-16 Girls -	Blake Balogh	Lincoln Select Swimming
15-16 Boys -	Robert Glover	Millard Aquatic Club
17-18 Girls -	Mollie McNeel	Lincoln Select Swimming
17-18 Boys -	Will Raynor	Greater Omaha Aquatics

2011 Long Course

10 & U Girls -	Berkeley Livingston	Greater Nebraska Swim Team
10 & U Boys -	Alex Petty	Lincoln Select Swimming
11-12 Girls -	Dannie Dilsaver	Greater Nebraska Swim Team
11-12 Boys -	Ben Morris	Lincoln Select Swimming
13-14 Girls -	Jessica Storer	Lincoln Select Swimming
13-14 Boys -	Brennan Balogh	Lincoln Select Swimming
15-16 Girls -	Aimee Fischer	Greater Nebraska Swim Team
15-16 Boys -	Jacob Molacek	Greater Omaha Aquatics
17-18 Girls -	Blake Balogh	Lincoln Select Swimming
17-18 Boys -	Will Raynor	Greater Omaha Aquatics