

# Midwestern Awards – 2014-2015

**Coach of the Year:** Michal Witt, GNST

**Age Group Coach of the Year:** Becky Yungbluth, GOAL

**Zone Coach 2015:** Aaron Henry **Allstar Coach 2015:** Eric Samsom

## Hall of Fame:

**Athlete – Scott C Usher**

**Athlete – Shandra C Johnson Quirk**

**Coach – Sally R Stevens**

**Coach – Richard G Paine**

## Midwestern Top 8 – [Listed on the MW Website](#)

### Top 3 - Midwestern IMX Awards – 2014-2015 Short Course 2014-2015

#### Girls

<b>9 &amp; U</b>	Avery Smith	Kathryn Foley	Calie Herrick
<b>10</b>	Isabella Morales	Millicent Young	Joslyn Jacobs
<b>11</b>	Hannah Hailu	Waren Graeve	Annika Harthoorn
<b>12</b>	Paige Hunt	Esme Sipp	Kara Owens
<b>13</b>	Berkeley Livingston	Katie Stonehocker	Zoe Pawloski
<b>14</b>	Berkeley Livingston	Alana Palmer	Zoe Pawloski
<b>15</b>	Dannie Dilsaver	Ashley Pales	Cassie Palmer
<b>16</b>	Dannie Dilsaver	Ashley Pales	Logan Lee
<b>17</b>	Brooke Holmes	Morgan McCafferty	Jessica Storer
<b>18</b>	Brooke Holmes	Ashlee Wigness-Lindaman	Cassie Watts

#### Boys

<b>9 &amp; &amp;</b>	Ian Paup	Tyler Reida	Blake Forsberg
<b>10</b>	Ian Paup	Eli Vyhldal	Brody Spies
<b>11</b>	Luke Barr	Bennett Balogh	Nolan Wolfe
<b>12</b>	Luke Barr	Mason Olmer	Bennett Balogh
<b>13</b>	Alex Petty	Hunter Smithson	Rush Clark
<b>14</b>	Alex Petty	Grant Holst	Tanner Cardin
<b>15</b>	Orion-Bay Tucker	Grand Holst	Tanner Cardin
<b>16</b>	Austin Monette-Waters	Brandon LaPointe	Jacob Sutej
<b>17</b>	Brennan Balogh	Vladislav Blazhievskiy	Austin Monette-Waters
<b>18</b>	Brennan Balogh	Vladislav Blazhievskiy	Jeremy Rodgers-Bader

## Long Course 2014-2015

### Girls

<b>9 &amp; 10</b>	Avery Smith	Taylor Silverberg	Elsie Maxwell
<b>10</b>	Isabella Morales	Avery Ryder	Jocelyn Hood
<b>11</b>	Hannah Hailu	Diana Brailita	Alison Desordi
<b>12</b>	Esme Sipp	Ashlynn Nieuwenhuis	Elizabeth Harding
<b>13</b>	Katie Stonehocker	Esme Sipp	Ava Winjum
<b>14</b>	Berkeley Livingston	Alana Palmer	Anna Heinrich
<b>15</b>	Emily Artz	Makenzie Delgado	Elizabeth Foy
<b>16</b>	Dannie Dilsaver	Logan Lee	Teresa Renze
<b>17</b>	Jessica Storer	Olivia Appleget	Paige Knight
<b>18</b>	Brooke Holmes		

### Boys

<b>9 &amp; 10</b>	Riley O'Toole	Dylan Palmer	Harrison Frye
<b>10</b>	Ian Paup	Samuel Becker	Kaden Guzman
<b>11</b>	Bennett Balogh	Thomas Palmer	Henry Belik
<b>12</b>	Luke Barr	Bennett Balogh	Jonathan Novinski
<b>13</b>	Rush Clark	Charles Roberts	Alex Becker
<b>14</b>	Alex Petty	Paul Noble	
<b>15</b>	Michael Ayars	Orion-Bay Tucker	
<b>16</b>	Benjamin Morris	Joshua Roh	Matthew Ginger
<b>17</b>	Thomas Graul	Austin Monette-Waters	Matthew Ginger
<b>18</b>	Brennan Balogh	Vladislav Blazhievskiy	

## Midwestern Record Breakers – 2014-2015

### Short Course 2014-2015

Age	Name	Stroke	Club	Relay Swimmers
8 & U	Taylor Silverberg	25 free	LSS	
8 & U	Taylor Silverberg	25 back	LSS	
10 & U	Hannah Hailu	50 Back	GOAL	
10 & U	Hannah Hailu	100 Back	GOAL	
10 & U	Hannah Hailu	50 Fly	GOAL	
10 & U	Hannah Hailu	100 Fly	GOAL	
10 & U	Hannah Hailu	200 IM	GOAL	
11-12	Josh Pales	100 Free	LSS	
11-12	Josh Pales	50 Breast	LSS	
13-14	GOAL	200 Fr R	GOAL	Kayden McCullough, Luke Hemmingsen, Evan Thorell, Charlie Magee
13-14	GOAL	400 Fr R	GOAL	Luke Hemmingsen, Kayden McCullough, Evan Thorell, Colin Lafave
13-14	GOAL	800 Fr R	GOAL	Kayden McCullough, Evan Thorell, S Amato-Hanner, Luke Hemmingsen
13-14	GOAL	200 Med R	GOAL	Luke Hemmingsen, Colin Lafave, Evan Thorell, Kayden McCullough
13-14	GOAL	400 Med R	GOAL	Luke Hemmingsen, Colin Lafave, Evan Thorell, Kayden McCullough
13-14	Josh Pales	100 Breast	LSS	
13-14	Luke Hemmingsen	50 Free	GOAL	

13-14	Luke Hemmingsen	100 Free	UN	
13-14	Luke Hemmingsen	200 Free	GOAL	
13-14	Luke Hemmingsen	100 Back	GOAL	
15-16	Ashley Pales	200 Breast	LSS	
15-16	Caroline Theil	200 IM	GNST	
15-16	Eliz Amato-Hanner	100 Back	GOAL	
15-16	Eliz Amato Hanner	100 Back	UN	
15-16	GNST	200 Fr Rel	GNST	Caroline Theil, Emma Vertin, Dannie Dilsaver, Olivia Calegan
15-16	GNST	200 Med Rel	GNST	Emma Vertin, Olivia Calegan, Dannie Dilsaver, Caroline Theil
15-16	GNST	400 Med Rel	GNST	Emma Vertin, Olivia Calegan, Dannie Dilsaver, Caroline Theil
15-16	Mykenzie Leehy	100 Free	UN	
15-16	Olivia Calegan	50 Free	GNST	
15-16	Olivia Calegan	100 Breast	GNST	
15-16	Matt Novinski	100 Back	UN	
15-16	GNST	400 Med R	GNST	Emma Vertin, Olivia Calegan, Dannie Dilsaver, Caroline Theil
15-16	Olivia Calegan	100 Breast	GNST	
17-18	Brennan Balogh	100 Back		
17-18	Brennan Balogh	200 Back		
17-18	Brennan Balogh	200 Fly		
17-18	Brennan Balogh	400 IM		
17-18	Dana Posthuma	100 Fly	UN	
17-18	Dana Posthuma	200 Fly	GOAL	
Sr	Olivia Calegan	100 Breast	GNST	
Sr	Brennan Balogh	100 Back		
Sr	Brennan Balogh	200 Fly	LSS	
Sr	Brennan Balogh	400 IM	LSS	
Sr	GOAL	200 Fr R	GOAL	Brynn Robertson, E Amato-Hanner, Brianna McCullough, Dana Posthuma
Sr	GOAL	200 Med R	GOAL	E Amato-Hanner, Jordan McCullough, Dana Posthuma, Brynn Robertson
Sr	GNST	400 Med R	GNST	Emma Vertin, Olivia Calegan, Dannie Dilsaver, Caroline Theil

## Long Course 2014-2015

Age	Name	Stroke	Club	Relay Swimmers
10 &				
U	Bella Morales	400 Free	LSS	
11-12	Hannah Hailu	200 Fly	GOAL	
11-12	Luke Barr	50 Back	SCSC	
13-14	Josh Pales	100 Breast	LSS	
13-14	LSS	400 Free R	LSS	Alana Palmer, Anna Heinrich, Katie Stonehocker, Berkeley Livingston
13-14	LSS	800 Free R	LSS	Katie Stonehocker, Anna Heinrich, Berkeley Livingston, Alana Palmer
15-16	Dannie Dilsaver	400 IM	GNST	
15-16	LSS	200 Free R	LSS	Ben Morris, Josh Roh, Nolan Reid, Michael Ayars
15-16	LSS	400 Free R	LSS	Josh Roh, Nolan Reid, Michael Ayars, Ben Morris
15-16	LSS	800 Free R	LSS	Josh Roh, Michael Ayars, Nolan Reid, Ben Morris
15-16	LSS	200 Med R	LSS	Nolan Reid, Michael Ayars, Ben Morris, Josh Roh
15-16	Luke Hemmingsen	50 Free	GOAL	
15-16	Luke Hemmingsen	100 Free	GOAL	
15-16	Matt Novinski	100 Back	HG	
15-16	Mykenzie Leehy	100 Free	CBSC	
15-16	Olivia Calegan	50 Free	GNST	
15-16	Olivia Calegan	100 Free	GNST	

15-16	Olivia Calegan	100 Breast	GNST	
15-16	SO	400 Free R	SO	Savannah Nichols, Olivia Tate, Jenna Popp, Sarah Sutej
17-18	Brennan Balogh	200 Back	LSS	
17-18	Brennan Balogh	200 Fly	LSS	
17-18	Brennan Balogh	200 IM	LSS	
17-18	Brennan Balogh	400 IM	LSS	
17-18	Eliz Amato Hanner	200 IM	GOAL	
17-18	GOAL	400 Free R	GOAL	Dana Posthuma, E Amato-Hanner, Jordan McCullough, Brianna McCullough
17-18	GOAL	800 Free R	GOAL	E Amato-Hanner, Brianna McCullough, Jordan McCullough, Dana Posthuma
17-18	GOAL	400 Med R	GOAL	Brynn Robertson, E Amato-Hanner, Dana Posthuma, Brianna McCullough
17-18	MAC	200 Med R	MAC	Lindsey Stalheim, Holly Hopson, Tara Goss, Ellen Ellis
17-18	SO	400 Free R	SO	Sean Tate, Ryan Tate, Brandon Abboud, Chris Pospisil
17-18	SO	800 Free R	SO	Sean Tate, Ryan Tate, Brandon Abboud, Chris Pospisil
Sr	Erin Oeltjen	100 Back	HUSK	
Sr	Jacqueline Juffer	100 Back	HUSK	
Sr	Brennan Balogh	200 Back	LSS	
Sr	Brennan Balogh	200 IM	LSS	
Sr	Brennan Balogh	400 IM	LSS	
Sr	HUSK	200 Free R	HUSK	Erin Oeltjen, Jacqueline Juffer, Katt Sickle, Bria Deveaux
Sr	HUSK	200 Free R	HUSK	Taryn Collura, Bria Deveaux, Jacqueline Juffer, Erin Oeltjen
Sr	HUSK	800 Free R	HUSK	Katt Sickle, Taryn Collura, Julia Roller, Bria Deveaux
Sr	HUSK	200 Med R	HUSK	Jacqueline Juffer, Samantha Hardewig, Erin Oeltjen, Bria Deveaux
Sr	HUSK	200 Med R	HUSK	Jacqueline Juffer, Katie Ditter, Erin Oeltjen, Taryn Collura
Sr	HUSK	400 Med R	HUSK	Erin Oeltjen, Katie Ditter, Bria Deveaux, Taryn Collura

## Midwestern Swimming Academic Awards – 2015

The following swimmers have applied and been selected to the inaugural Midwestern Academic Team. Swimmers have completed 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> or 12<sup>th</sup> grade and achieved a 3.5 GPA (no grade lower than a B, calculated for current year academic year only). First team members have achieved at least one Winter Junior National time during the competition period (September 1, 2014 – August 31, 2015). Second team members have achieved at least one AAA time during the competition period.

MW 1 <sup>st</sup> Team		MW 2 <sup>nd</sup> Team	
Brennan Balogh	Grace Porter	Michael Ayars	Anya Lindholm
Dannie Dilsaver	Sydney Slosson	Ellen Ellis	Gabby McGinn
Elizabeth Amato-Hanner	Lindsey Stalheim	Joshua Roh	Drew Linder
Ashley Pales	Jackson Pope	Sarah Sutej	Jackson Thomson
Caroline Theil	Grant Holst	Delaney Kottke	Cameron Carney
Matthew Novinski	Noah Barr	Thomas Graul	Clara Walstad
	Shelby Mullendore	Jenna Gornal	Cassie Palmer
	Jackson Allmon	Ellie Walstad	Alana Palmer

## USA Swimming Scholastic All America Team 2015 - Midwestern

The following Midwestern swimmers have been selected to the 2014-2015 Scholastic All America Team for USA Swimming.

These swimmers all have made the required time standard (2011 Junior National Bonus time) and have a 3.5 GPA or higher. Eight of the eleven have a 4.0 GPA. \*Brennan Balogh is a three-time team member. Congratulations to MW's USA Swimming Scholastic All America Team!

Amato-Hanner	Elizabeth	Greater Omaha Aquatics
*Balogh	Brennan	Lincoln Select Swimming
Blake	Monica	Swim Omaha
Carney	Cameron	Norfolk Y Aquajets
Dilsaver	Dannie	Greater Nebraska Swim Team
Larson	Chloe	Unattached
Magee	Brian	Greater Omaha Aquatics
Novinski	Matthew	Grand Island YMCA Quicksilver
Pales	Ashley	Lincoln Select Swimming
Storer	Jessica	Lincoln Select Swimming
Walstad	Clara	Heartland Aquatics

## Top 10 Awards - 2014

### Short Course 2013-2014

Place	Age	Event	Swimmer - Club
9 <sup>th</sup>	12	50 Yd Breaststroke	Katie Stonehocker – Lincoln Select Swimming
6 <sup>th</sup>	12	100 Yd Breaststroke	Katie Stonehocker – Lincoln Select Swimming
3 <sup>rd</sup>	14	100 Yd Breaststroke	Olivia Calegan – Lincoln Select Swimming
10 <sup>th</sup>	14	200 Yd Breaststroke	Ashley Pales – Lincoln Select Swimming
10 <sup>th</sup>	15	200 Yd Breaststroke	Ashley Pales – Lincoln Select Swimming
7 <sup>th</sup>	16	400 Yd Ind Medley	Brennan Balogh – Lincoln Select Swimming
3 <sup>rd</sup>	17	50 Yd Freestyle	Jacob Molacek – Greater Omaha Aquatics
5 <sup>th</sup>	17	100 Yd Freestyle	Jacob Molacek – Greater Omaha Aquatics
2 <sup>nd</sup>	17	100 Yd Breaststroke	Jacob Molacek – Greater Omaha Aquatics
6 <sup>th</sup>	17	200 Yd Backstroke	Brennan Balogh – Lincoln Select Swimming
7 <sup>th</sup>	18	50 Yd Freestyle	Jacob Molacek – Greater Omaha Aquatics
2 <sup>nd</sup>	18	100 Yd Breaststroke	Jacob Molacek - Unattached
5 <sup>th</sup>	18	200 Yd Ind Medley	Jacob Molacek - Unattached
6 <sup>th</sup>	11-12	400 Yd Med Relay	LSS-Abigail Mitchell, Katie Stonehocker Berkeley Livingston, Anna Heinrich
10 <sup>th</sup>	15-18	400 Yd Free Relay	GOAL-RJ Hemmingsen, Michael Mollak Will Frisbie, Jacob Molacek

## Long Course 2014

5 <sup>th</sup>	11	100 M Breaststroke	Paige Hunt – Aquatic Club of Elkhorn
10 <sup>th</sup>	11	200 M Breaststroke	Paige Hunt – Aquatic Club of Elkhorn
5 <sup>th</sup>	12	50 M Freestyle	Josh Pales – Lincoln Select Swimming
4 <sup>th</sup>	12	100 M Freestyle	Josh Pales – Lincoln Select Swimming
8 <sup>th</sup>	12	200 M Freestyle	Josh Pales – Lincoln Select Swimming
2 <sup>nd</sup>	12	50 M Breaststroke	Josh Pales – Lincoln Select Swimming
3 <sup>rd</sup>	14	50 M Freestyle	Olivia Calegan – Greater Nebraska Swim Team
10 <sup>th</sup>	14	100 M Breaststroke	Olivia Calegan – Unattached
10 <sup>th</sup>	14	200 M Breaststroke	Olivia Calegan - Unattached
7 <sup>th</sup>	14	50 M Freestyle	Luke Hemmingsen – Unattached
4 <sup>th</sup>	14	200 M Breaststroke	Caroline Theil – Greater Nebraska Swim Team
6 <sup>th</sup>	14	200 M Ind Medley	Caroline Theil – Greater Nebraska Swim Team
7 <sup>th</sup>	15	100 M Breaststroke	Ashley Pales – Lincoln Select Swimming
1 <sup>st</sup>	15	200 M Breaststroke	Ashley Pales – Lincoln Select Swimming
10 <sup>th</sup>	18	100 M Backstroke	Jacob Molacek – Greater Omaha Aquatics
9 <sup>th</sup>	18	100 M Breaststroke	Jacob Molacek – Greater Omaha Aquatics
10 <sup>th</sup>	13-14	200 M Free Relay	GNST-Caroline Theil, Mady Sieperda, Ally Lunzmann, Olivia Calegan
9 <sup>th</sup>	13-14	200 M Med Relay	GNST-Caroline Theil, Olivia Calegan, Mady Sieperda, Ally Lunzmann

## Top 10 Awards - 2015

### Short Course 2014-2015

Place	Age	Event	Swimmer – Club
8 <sup>th</sup>	11	100 Y Freestyls	Luke Barr – Sarpy County Swim Club
4 <sup>th</sup>	11	50 Y Backstroke	Luke Barr – Sarpy County Swim Club
3 <sup>rd</sup>	11	100 Y Backstroke	Luke Barr – Sarpy County Swim Club
9 <sup>th</sup>	11	50 Y Butterfly	Luke Barr – Sarpy County Swim Club
6 <sup>th</sup>	11	100 Y Ind Medley	Luke Barr – Sarpy County Swim Club
6 <sup>th</sup>	12	100 Y Freestyle	Josh Pales – Lincoln Select Swimming
10 <sup>th</sup>	13	400 Y Ind Medley	Berkeley Livingston – Lincoln Select Swimming
5 <sup>th</sup>	13	100 Y Breaststroke	Josh Pales – Lincoln Select Swimming
1 <sup>st</sup>	14	50 Y Freestyle	Luke Hemmingsen – Greater Omaha Aquatics
3 <sup>rd</sup>	14	100 Y Freestyle	Luke Hemmingsen – Unattached
9 <sup>th</sup>	15	50 Y Freestyle	Olivia Calegan – Greater Nebraska Swim Team
10 <sup>th</sup>	15	100 Y Breaststroke	Olivia Calegan – Greater Nebraska Swim Team
10 <sup>th</sup>	16	200Y Breaststroke	Ashley Pales – Lincoln Select Swimming
4 <sup>th</sup>	17	200 Y Backstroke	Brennan Balogh – Lincoln Select Swimming
7 <sup>th</sup>	17	400 Y Ind Medley	Brennan Balogh – Lincoln Select Swimming

6 <sup>th</sup>	18	200 Y Backstroke	Brennan Balogh – Lincoln Select Swimming
9 <sup>th</sup>	18	400 Y Ind Medley	Brennan Balogh – Lincoln Select Swimming
5 <sup>th</sup>	13-14	200 Y Free Relay	GOAL – Kayden McCullough, Luke Hemmingsen Evan Thorell, Charles Magee
9 <sup>th</sup>	15-16	400 Y Med Relay	GNST – Emma Vertin, Olivia Calegan Dannie Dilsaver, Caroline Theil
7 <sup>th</sup>	17-18	400 Y Free Relay	SO – Sean Tate, Ryan Tate Christian Pospisil, Brandon Abboud

## Long Course 2014-2015

Place	Age	Event	Swimmer – Club
8 <sup>th</sup>	11	200 M Butterfly	Hannah Hailu – Greater Omaha Aquatics
10 <sup>th</sup>	12	50 M Backstroke	Luke Barr – Sarpy County Swim Club
7 <sup>th</sup>	13	50 M Freestyle	Josh Pales – Lincoln Select Swimming
4 <sup>th</sup>	13	100 M Breaststroke	Josh Pales – Lincoln Select Swimming
5 <sup>th</sup>	15	50 M Freestyle	Olivia Calegan – Greater Nebraska Swim Team
5 <sup>th</sup>	15	100 M Breaststroke	Olivia Calegan – Greater Nebraska Swim Team
9 <sup>th</sup>	15	200 M Breaststroke	Caroline Theil – Greater Nebraska Swim Team
9 <sup>th</sup>	15	200 M Ind Medley	Caroline Theil – Greater Nebraska Swim Team
2 <sup>nd</sup>	15	50 M Freestyle	Luke Hemmingsen – Greater Omaha Aquatics
3 <sup>rd</sup>	15	100 M Freestyle	Luke Hemmingsen – Greater Omaha Aquatics
8 <sup>th</sup>	18	100 M Backstroke	Brennan Balogh – Lincoln Select Swimming
2 <sup>nd</sup>	18	200 M Backstroke	Brennan Balogh – Lincoln Select Swimming- +
10 <sup>th</sup>	17-18	200 M Free Relay	MAC – Tara Goss, Holly Hopson Ellen Ellis, Lindsey Stalheim
9 <sup>th</sup>	17-18	800 M Free Relay	GOAL – Dana Posthuma, Brianna McCullough Jordan McCullough, Elizabeth Amato-Hanner

## Swimmer of the Year Awards:

### 2014-2015 Short Course

10 & U Girls -	Hannah Hailu	Greater Omaha Aquatics
10 & U Boys -	Ian Paup	Lincoln Select Swimming
11-12 Girls -	Esme Sipp	Lincoln Select Swimming
11-12 Boys -	Josh Pales	Lincoln Select Swimming
13-14 Girls -	Berkeley Livingston	Lincoln Select Swimming
13-14 Boys -	Luke Hemmingsen	Greater Omaha Aquatics
15-16 Girls	Dannie Dilsaver	Greater Nebraska Swim Team
15-16 Boys -	Lance Culjat	Omaha Swim Federation
17-18 Girls -	Dana Posthuma	Greater Omaha Aquatics
17-18 Boys -	Brennan Balogh	Lincoln Select Swimming

### 2014-2015 Long Course

10 & U Girls -	Isabella Morales	Lincoln Select Swimming
10 & U Boys -	Ian Paup	Lincoln Select Swimming
11-12 Girls -	Hannah Hail	Greater Omaha Aquatics
11-12 Boys -	Luke Barr	Sarpy County Swim Club
13-14 Girls -	Berkeley Livingston	Lincoln Select Swimming
13-14 Boys -	Josh Pales	Lincoln Select Swimming
15-16 Girls -	Dannie Dilsaver	Greater Nebraska Swim Team
15-16 Boys -	Benjamin Morris	Lincoln Select Swimming
	Luke Hemmingsen	Greater Omaha Aquatics
17-18 Girls -	Elizabeth Amato-Hanner	Greater Omaha Aquatics
17-18 Boys -	Brennan Balogh	Lincoln Select Swimming