General Chair	Carol Olson
Adm Vice Chair	Jay Thiltgen
Senior Vice Chair	Open
Age Group Chair	Emma McEntarffer
Secretary	Jeffrey Nelson
Treasurer	Stefanie Martinez
Registration	Scot Sorensen
Finance Chair	Jason Hiley
Technical Chair	Jimmy Parmenter
Official Chair	Steve Marchitelli
Operational Risk	John Tysdal
Coaches' Rep	Sam Bach
Adhlada	
Athlete Representative	Lauren Mayo
Addata	
Athlete Representative	Martha Walstad
Cafa Coasid Additions	
Safe Sport Athlete Representative	Aidan Cho
Representative	Aluan Cho
Safe Sport Chair	Betsy Purcell
Delegate At Large	Bruce Schomburg
Delegate At Large	Open
Delegate At Large	Toby Rees
Delegate At Large	Brinker Harding
Executive Secretary	Betty Kooy



Board of Directors Meeting

Tuesday, July 21, 2020 • 8:30 PM Zoom Meeting – See Link Below

MEETING AGENDA

- 1. Welcome and Roll Call
- 2. Declaration of Conflict of Interest Statement
- 3. Review and Approve May 2020 Meeting Minutes
- 4. Consent Agenda
 - Membership/Registration Coordinator Report
 - Executive Secretary Report
 - USA Swimming Communication Meeting Notes
 - Sanction Committee Meeting Notes
 Template for meets
- 4. Current Business
 - Finance Brief Update
 - USA Swimming Updates
 - Head Coach Monthly Meeting Report
 - o Virtual Swim Meet League
 - HOD Meeting Schedule/Election Discussion
- 5. Announcements/Information
- 6. Adjournment

Carol Olson is inviting you to a scheduled Zoom meeting. Topic: MW Swimming Board of Directors Meeting

Time: Jul 21, 2020 08:30 PM Central Time (US and Canada)

Join Zoom Meeting

https://zoom.us/j/96511223061?pwd=WW16bW5udlNKNk1ReWcz ZVFrbkJmUT09

Meeting ID: 965 1122 3061

Passcode: 049132

Midwestern Swimming Board of Directors Meeting Minutes Thursday 14 May 2020

Via Zoom

DRAFT

DISTRIBUTION: posted to Midwestern Swimming website, mwswim.org, and via email

CALL TO ORDER: Carol Olson, Midwestern Swimming General Chair, called the meeting to order at 7:35 PM.

ATTENDANCE:

General Chair	Carol Olson	Present
Administrative Vice Chair	Jay Thiltgen	Present
Age Group Chair	Emma McEntaffer	Present
Secretary	Jeff Nelson	Present
Treasurer	Stefanie Martinez	Present
Registration	Scot Sorensen	Present
Finance Chair	Jason Hiley	Present
Technical Chair	Jimmy Parmenter	Present
Officials Chair	Steve Marchitelli	Present
Operational Risk	John Tysdal	Present
Safe Sport/Diversity&Inclusion	Betsy Purcell	Present
Coaches' Representative	Sam Bach	Present
Safe Sport Representative	Aidan Cho	Present
Athlete Representative	Lauren Mayo	Present
Athlete Representative	Marti Walstadt	Present
Delegate At Large	Bruce Schomburg	Present
Delegate At Large	Kerry Paup	Absent
Delegate At Large	Toby Rees	Present
Delegate At Large	Brinker Harding	Present
Executive Secretary	Betty Kooy	Present
	betty Rooy	

DECLARATION OF CONFLICT OF INTEREST

Carol Olson read the following to the Board of Directors:

"Is any member aware of any conflict of interest, that is, of a personal interest or direct or indirect pecuniary interest, in any matter being considered by this meeting which should now be reported of disclosed or addressed under the Midwestern Swimming Conflict of Interest Policy?"

If a Board member determines there to be a conflict of interest at any point during the course of the meeting when a specific subject is being discussed and/or action is being taken, a declaration of a conflict of interest should be made at that time.

MINUTES

The minutes of the previous meeting, held on 23 April 2020, were reviewed. A motion to approve the March minutes was made by John Tysdal. Second by Betsy Purcell. A vote was conducted with all in favor. The April minutes are APPROVED.

CONSENT AGENDA

The Consent Agenda included reports from the Executive Secretary, Membership/Registration Report, and Finance and Sanction Committee Reports. Motion to review and approve the Consent Agenda by Steve Marchitelli. Second by Jason Hiley. A vote to approve the Consent Agenda was had with all in favor. The Consent Agenda is APPROVED.

NEW BUSINESS

Financial Report – Jason Hiley and the finance committee met last night with the main focus of their discussion being the viability of MW Swimming in a time without swim meets. Fixed expenses for MW Swimming are approximately \$3000 per month. We are maintaining our executive functioning of the LSC, including the required insurance. HBE will be approached in hopes of reducing our accounting fees in light of the decreased activity during the COVID-19 pandemic. MW Swimming currently has about \$78K in the operating account. About \$6K will be used to pay current bills, leaving about \$72K in operating funds. Assuming a \$3K cash burn per month, we will probably use \$21K by the end of the year. MW Swimming still maintains \$65K in a separate checking account. HBE needs to update our CD value from \$102K to \$110K. Disbursements to clubs should be expected. A financial review was conducted by the Mossman Co. This review is required for tax purposes and must be approved by the BOD. Jason Hiley made the motion to approve the Mossman Financial Review. Second by Jimmy Parmenter. A vote was had with all in favor. The Mossman Financial Review is APPROVED. The review will be forwarded to the tax preparer.

Outreach – MW Swimming is anticipating an increase in applications for the Outreach Program. Proof of eligibility was discussed. Currently, swimmers are eligible for Outreach support if they are also eligible for the Reduced or Free Lunch Program in school. Sam Bach asked how many Outreach swimmers we have in MW Swimming. MW has about 50 Outreach athletes, a number which has stayed fairly static since the inception of the program. Given the current pandemic, three recommended criteria are recommended in order to be considered for the Outreach Program. The three criteria are RFLP, SNAP, and having a guardian on Medicaid. Jimmy Parmenter made the motion to approve the broader Outreach Program eligibility criteria. Second by Aidan Cho. A vote was had with all in favor. The new Outreach Program criteria are approved.

Coaches Meeting with Randy Julian and Mark Hesse – This meeting was held via zoom, last night. The long course season has officially been cancelled for 2020. Safety is the utmost priority at this time. Most teams are not in the water and probably will not be swimming at any time soon. July 1st will be the first time that MW Swimming will consider the short course season. During the meeting, there was unanimous lament for the lack of water available for training. Mark and Randy reflect this lament as being nationwide. USA Swimming will maintain the moratorium on meets through the month of June.

Discussions - Steve Marchitelli would like the MW website to be updated. Toby Rees would like the BOD to be notified of news prior to coaches, with any news on reopening swim activities. Carol Olson will try to alert the Board. Betsy Purcell reminded us that the Zone Futures Region 8 Meet is cancelled. Jimmy Parmenter expressed his concern that athlete safety should be our top priority. Brinker Harding commented that a former MW coach who is now in Texas plans to be back in the water for training in the near future, but not having meets. Betty Kooy reminded the Board that the emphasis should be on the return to training, not competition. 17 national level meets will be held in August, spread across the USA. Bruce Schomburg inquired about obtaining meet sanctions. Betty said July 1 is the earliest that the sanctioning committee will consider meet sanctions. Small, alternate format meets may be considered. Grand Island will have no outside pools available this summer. Most coaches still do not have access to training water. Carol claims that piggy back meets might be allowed in order to maintain social distance. Bruce asked, "Will dual and tri meets will be allowed?" Betty claims that dual meets can

be approved quickly. Carol says she and Betty have been on numerous calls on meeting with USA Swimming to keep up to date with the changing pandemic situation. Betty has posted minutes and resources on the MW Swimming website. Steve asked, "How we can officiate small meets?' Betsy claims 3 officials and a n admin will be the minimum to run meets, knowing that many disqualification calls will be missed.

House of Delegates – Discussions about the future House of Delegates meeting began. Is it possible to hold an HOD meeting via Zoom? Should we postpone until we can meet in person? Our Bylaws should dictate how we meet. Zoom meetings, online format meetings, 2-part meetings, and other ideas were brought up. The legality of alternate meeting and voting formats was questioned. Voting by proxy is not allowed. Stefanie Martinez reminds the Board that Nebraska State Laws apply. Stefanie will review the state code. Bylaws are changed by the HOD, not the BOD. Toby, Betsy, Stefanie, and Carol will investigate the legality of alternate meeting formats.

Officials Committee – Recertifications are due September 1st. Training can start in the summer. Recertification is every 2 years. Athlete registration is now June 1st. Betty claims other LSCs are quickly training officials. No swimming events may reduce the interest in officiating. Steve reminds us that officials have one year in which to complete the training for the position they are seeking. We need to figure out a way to train new officials. Betty says resources are out there. Illinois and Potomac Valley have excellent official's training resources. Steve will review other LSC training methods and investigate how to apprentice.

Nationwide – Convention in Jacksonville is cancelled. HOD will have a virtual meeting on that Saturday. The Chicago meeting is also cancelled. 4 hours of zoom training will take place instead of the meeting.

MOTION TO ADJOURN: John Tysdal made the motion to adjourn. Second by Toby Rees. Vote to adjourn with all in favor. Meeting adjourned at 8:25 PM.

RESPECTFULLY SUBMITTED: Jeff Nelson, Secretary

Midwestern Swimming strives to maximize opportunities for growth and success through competitive swimming.

BOD Report Executive Secretary July 21, 2020

Executive Secretary:

- Sanctions/Meet Schedules—.USA Swimming is encouraging squad, virtual, and small, local invites. MW will entertain requests for Sanctions that are in compliance with USA Swimming guidelines and local and state mandates. After August 1, 2020, times achieved at sanctioned meets can be used for national meets and programs. Tentative Short Course 2020-2021 bids were posted. Prospective host clubs will receive documents from the MW Office regarding hosting of meets and requirements. A meet template has been made to encompass requirements for sanction.
- SAA and Midwestern Academic Awards USA Swimming Scholastic All America application is posted on the USA Swimming website. MW has had seven athletes who have applied and been accepted. The MW Award application will be posted and links sent to all clubs encouraging athletes to apply for that award.
- Top 8 MW short course Top 8 has been posted. Short Course records were also posted on the MW website.
- Zone Athletes MW athletes who qualified for the 2020 Zone team will receive a towel as a memento for qualifying
 for a meet that was not to be.
- MAAPP Reminder Again! Our 18 and over athletes have to have a current APT on file. Times will not go into SWIMS without that APT on file. Even if you are doing only dry-land, your athletes need to be MAAPP compliant.
- **MW Website** We are trying to include updates from USA Swimming including notes from LSC Leadership meetings and anything else the membership needs to be aware of.
- COVID-19 The current pandemic situation has put everything to a very difficult test stay-at-home, businesses closed, jobs lost, strict socialization orders. Nothing is normal at this point. Be aware that your Midwestern leadership has been participating in online Zoom meetings to try to keep abreast of the current situation as far as USA Swimming is concerned. We are updating the website as needed. Clubs have been encouraged to get their Safe Sport certification done during this time and Aidan is taking on the task of updating the Safe Sport page for MW as well as posting to Social Media. We will continue to keep the website updated and correspond with the membership regarding the fluidity of the situation as needed. What the fall and winter looks like is anyone's guess now. Stay safe!



To: MWS Board of Directors

From: Scot Sorensen, Membership/Registration Coordinator

Date: July 15, 2020

September 1 Prior Year Through June 30 of:	2020	2019	Increase / Decrease	
Year Round Clubs	31	32	- 1	
Year-Round Athletes - Renew	1,820	1,928	- 108	
Year-Round Athletes - New	479	578	- 99	
Seasonal Athletes – Renew	0	0	-	
Seasonal Athletes - New	0	0	-	
Flex Athletes – Renew	91	50	+ 41	
Flex Athletes - New	43	96	- 53	
Flex Athletes - Upgrade	12	6	+ 6	
Outreach Athletes - Renew	41	49	- 8	
Outreach Athletes - New	15	15	-	
Athletes - Total	2,489	2,716	- 227	
NATH Members	334	354	- 20	

- The 2021 membership year began June 1, 2020 and will expire December 31, 2021.
- The 2021 club membership year will begin as before on September 1, 2020.
- 2021 NATH memberships should increase because of the immediate requirement that all club BOD
 members must maintain active NATH membership to USA Swimming. Monitoring and compliance
 of such is the club's responsibility.
- From March 1 to June 30 for 2019 and 2020, total athlete registrations have decreased by 36.
- Some BGC are delayed in dumping into SWIMS because of various state court and office closures.

Notes from USA Swimming Communications Zoom Meeting – 07-14-20

Julie Bachman

- How and Why
 - Constant Contact being used by many LSCs
 - Sponsors want way to connect with LSC membership
 - o Parents happy to get regular communication
- Have an LSC communication plan
 - Marketing on a communication calendar
 - Segmenting officials coaches, volunteers
 - Newsletter use sponsorships
 - Social media accounts
- Share what USA Swimming is sharing and communicate what USA Swimming is communicating
 - o Customers drive the communication vehicle
 - Have a semi-long-term marketing plan needed for LSC success
- Use Calendar to plan marketing for a year
- Strategy
 - o Segment into parents, coaches, clubs, officials, volunteers
 - Most communicate on website but not good enough
 - Make members feel like they are part of the whole engage with the membership
 - o Good tool Google Calendar alerts
 - Have guidelines and expectations
 - o Include Board of directors
 - If segmented, target content and sponsor activation to segments
- Sponsorship Template (links)
 - o Gulf cost of Constant Contact \$125.00 a month
 - Three sponsors, \$1250/year, extra money for scholarships, 4 opportunities per year for 'advertising' in monthly newsletter
 - o Monetize in a respectful way
 - Sponsors want to talk to parents
 - o Give companies something in return
 - Close the deal by talking to people at company
- Good policies
 - o Make sure to have an 'unsubscribe' email
 - Push info through LSC communication rather than selling email roster (can't do)
 - Message and timing important to sponsors
 - State laws may make it difficult to use the emails from SWIMS
 - o Advertisement always part of a newsletter on the bottom of a Constant Contact Newsletter
 - o Provide something for parents deal on suits/goggles/whatever sponsor wants to push
 - Use in-state vendors when appropriate
- Social Media
 - Facebook page for the LSC parents/moms use
 - Get volunteer engagement; advertise parent opportunities
 - o Athletes Twitter/Instagram
 - Gulf has a parent forum
 - o Always link to the LSC website or USA Swimming website
 - Maybe use 'Team Feed' with TeamUnify maybe useless for LSC but good for club
 - o Parents want to hear from the LSC
 - Use website for news content -



DATE: 07/12/2020

TIME: 01:00 p.m.

LOCATION Zoom Meeting

Call to Order

- Midwestern Sanction Committee
- Meeting Purpose
 - o Review Virtual League Proposal Jimmy P
 - o Recommendations for Fall Meets
- Attendees: Carol Olson, Jay Thiltgen, Jimmy Parmenter, Betsy Purcell, Emma McEntarffer, Betty Kooy
 Absent: Lauren Mayo

Virtual Swim League Concept

- Jimmy Concept and Outline
 - o Purpose give athletes of all skill levels fun and safe competitive events with little or no travel, minimal costs, no marathon sessions, creative competition, generating some revenue
 - o Cost proposal fluid, but \$25.00 per league swimmer back to MW
 - o Three seasons Fall, Winter, Summer NOT to interfere with regular season meets
 - o Every two weeks, one week to complete events, results submitted to office by end of week
 - Need to promote League on Zoom Call with coaches
 - o Office will provide MM template for running of virtual meets
 - o Office will keep MW Leader board; if sanctioned will go to USA Swimming/SWIMS
 - o Can be done with starter, referee, one S & T for sanction purposes, one timer
 - Waivers for competition needed to comply with current local, state, and national protocols
 - Detty will contact Active to see if there might be a price break for clubs not currently having meet manager or a way of getting them MM 'Lite' to enter watch results

Meet Sanction Status

- Squad Meet
 - One squad meet SLS has been sanctioned
 - Have been several inquiries
- Fall Meets
 - Betty will contact meet bidders with request for type of meet they think they can run; will send template with requirements to those clubs that have bid

Additional Item

- Coach Meeting
 - o Request head coach and additional coach from team attend
 - o Carol will set up for July 16, 2020 8:00 p.m.
 - Will share outline of Virtual Swim League with encouragement for clubs to participate.

Adjournment

- 2:00 p.m.
- Submitted by: Betty Kooy, Executive Secretary



Standardized Meet Information with COVID-19 Requirements

All meet flyers/announcements will include a header on all pages with the following information:

Meet Name (Including type of meet – A, BB+, B-, etc or NTS)

Host Club

Date of Meet

SANCTION:

The Meet is held under the Sanction of USA Swimming and Midwestern Swimming, Inc, Sanction number: MWS

- It is understood and agreed that USA Swimming and Midwestern Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
- Host Club has agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Midwestern Swimming, the State of Name of State, and City/Municipality.

DISCLAIMER:

- Host Club has taken enhanced health and safety measures for all athletes, officials, and family members.
 Participants must follow all posted instructions while in and around the venue of Name of Venue and Pool Venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present.
 COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, people with underlying medical conditions are especially vulnerable. By attending and participating in this activity, participants voluntarily assume all risks related to exposure to COVID-19.
- To Parents: USA Swimming, Inc., cannot prevent you or your children from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
- BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS
 ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING,
 AND MIDWESTERN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER
 REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR
 PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND
 GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR
 UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO
 PARATICIPATION IN THIS COMPETITION.

LOCATION:

Facility Name

Street Address of Pool, City, State, Zip (include directions if needed)

Pool:

FACILITY:

- Description (depth at starting end at 1m and 5m, depth at turn end at 1m and 5m, blocks, lane ropes, timing system)
- Course, indoor or outdoor, number of lanes, type of lane lines, special pool characteristics
- The competition course has (not) been certified in accordance with 104.2.2C(4)
- Mask requirements coaches?, timers?, officials?, spectators?, athletes?
- Team seating in separate areas for athletes only
- Aquatic facility safety requirement, glass statement, food limitations, areas of limited access, etc.
- Disinfecting stations location and types available
- Host Club and Facility reserve the right to remove from the premises any individual who might jeopardize safety and facility privileges."
- Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Number of facilities gender-neutral/family facilities are available at this facility. Locations of these facilities can be found location of facilities. For more information contact the meet director at email or phone number.
 OR Gender neutral/family facilities are not available at this facility since it was built before current codes apply. To accommodate the needs of individuals, please contact email or phone number if you need family or gender-neutral changing spaces.
- List facilities that might be available to family members, types of spectators allowed and where allowed, mask requirement when viewing competition, social distance required.

SCHEDULE: Warm-Up Time: (time) - whether split; division of clubs/groups

Meet Start Time: (time)

MEET DIRECTOR: Name Telephone numbers Email addresses

OFFICIALS: Meet Referee: name, email, phone

Admin Official: name, email, phone

Meet Marshal: name

MEET FORMAT: Sauad/dual/virtual?

Timed Finals; Pre-seeded; NO deck entries

Age Groups: List groups; swum together? And placed separately?

DISABILITY Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the

SWIMMERS: Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the Deck Referee of any

disability prior to competition.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and Midwestern

Rules will govern this meet.

CREDENTIALS: Presentation of coach's membership credentials will be required at coach sign-in. Credentials shall be available

at all times. Deck Pass is acceptable proof of USA Swimming membership.

In accordance with MWS Policy, only those coaches who hold current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be

required to leave the deck area.

All swimmers, coaches and clubs must be currently registered with USA Swimming and MIDWESTERN Swimming (unless waiver is obtained from host's LSC and adjacent LSC).

NO on deck registration permitted. NO late entries permitted.

• The age of the swimmer on *first day of meet* determines his/her age for the entire meet.

- List any other descriptions or discerning factors which determine the target audience of athletes.
- List eligibility requirements for athletes (age group, league member, meet participation requirements).
- List specifics regarding qualification (time qualification etc)
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

ENTRY LIMITS:

ELIGIBILITY:

- A swimmer may participate in *(number)* individual events and *(number)* relay events per day. (6 maximum individual and 2 relays per day for timed final events; 3 maximum and 2 relays per day for prelim/final events) Club maximum entries if appropriate.
- No time trials.
- The 4-hour rule will be applied. The host will accept no further entries for a session with 12 & Under swimmers where a 4-hour projected time limit is reached. The Meet Director reserves the right to limit events, heats, teams, and swimmers to conform to the 4-hour time limit (205.3.1F). Teams will be notified of any and all necessary adjustments.

EVENT FEES:

Individual Events: Fee Midwestern Fee: Fee Facility Fee: Maximum fees currently allowed:

TF meet: \$4.00/individual, \$8.00/relay, \$8.00 max program charge

Inter-squad/Dual Meet: \$3.00/individual event

P/F meet: \$6.00/individual, \$12.00/relay, \$3.00 per session/\$12.00 for entire meet max program charge

Championship Challenge (Qualifier): \$5.25/individual, \$12.00/relay

MW Champs: \$6.50/individual, \$18.00/relay, \$3.00 per session/\$16.00 for entire meet max program charge (fees may be higher for specific facilities – host must request in writing to General Chair – max \$10.00) \$6.50 per swimmer – Midwestern Splash Fee; \$3.25 for squad/dual meet MWS Splash fee

- ENTRY PROCEDURE: Entries may be submitted either in electronic format (electronic entry file with hard copy) or via email.
 - All entry times should be YARD times.
 - A check for the entry fees must accompany all entries.
 - Make checks payable to Host Club. NO REFUNDS
 - Entries submitted electronically will be acknowledged within 24 hours of receipt.

ENTRY DEADLINE:

- DEADLINE FOR RECEIPT OF ENTRIES IS (date) (10 days prior to the meet start is earliest and latest deadline permitted).
- · NO late entries.

• Psych sheets will be sent to club entry chair within 24 hours of entry deadline. Indicate time for corrections.

NO deck entries.

Entry Chair: Name Email Phone

Address, City, State, Zip

COACH MEETING: Times and location of coach meeting.

GENERAL MEET

• All events will be timed finals and pre-seeded.

Report any scratches as soon as possible.

- CONDUCT:
- Statement regarding starts (deep end?) and finishes (into touch pads, etc)
- All events swum Fastest to Slowest or Slowest to Fastest.
- Fly over starts will NOT be used. Swimmers will enter and exit the pool before the next swimmer is allowed to enter the block area to get on the blocks.
- Each swimmer shall report promptly to his/her assigned lane prior to the start of each race in which he/she is entered and stand *on tape provided behind the blocks* when waiting for their heat to be called to help with social distancing behind the blocks.
- Exhibition swimming will (not) be allowed.

WARM-UP
PROCEDURES:

- Athletes should arrive in their suits and depart in their suits. Locker rooms will be available for restroom use only and will be monitored for usage and social distancing.
- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
- Teams will be assigned time and lanes for warm-ups.
- Swimmers are to sit and slide entering water.
- During sprint starts, swimmers must swim one direction only from deep to shallow.

TEAM

- Deck changes are prohibited.
- **SUPERVISION:**
- Team area will be located on deck.
- Each team must provide an adult with non-athlete USA Swimming membership to supervise the swimmers in the team area at all times. Only registered coaches, swimmers, and officials will be allowed on deck.

Scoring: Meet will (not) be scored. (How scored if scoring.)

AWARDS: (No) awards. (Type if given)

MEET RESULTS: Available when and how at meet.

Meet results will be posted and will be available electronically on the MW website within 48 hours of the meet conclusion – www.mwswim.org.

PHOTOGRAPHY

POLICY:

The MWS Photography Policy will be followed (MWS Policies and Procedures 8.5.15). Photographers taking pictures must adhere to MW policies and have advanced, written permission from the Meet Director or the Meet Referee to be on deck.

GENERAL
INFORMATION:

Information pertaining to but not limited to: Hospitality, concessions, programs, swim shops, request for meet help, clinics included at the meet, etc.

HOTELS:

Hotel information for traveling clubs (if appropriate)

Event List

Meet Date

Warm-ups: Time Meet Start: Time

Mixed or Girls	Age Group	Distance and Stroke	Boys (if genders split)

USA Swimming and Midwestern Swimming Supplement Document for Sanction

The following information must be provided for sanction.

- a) A statement of the local protocols and requirements
- b) The plan for spectator ingress and egress
- c) The planned number of individuals gathering in the spaces: pool, deck, spectator seating, etc
- d) Safe Sport considerations to ensure parents have access to and/or the opportunity to observe their child
- e) An attestation statement in which the meet hosts attest that the conduct of the meet will adhere to local jurisdictional guidelines.

In applying for this sanction(ed event), the Host, (specifically named
Club of other entity) agrees to comply and to enforce all health and safety ma	andates and
guidelines of USA Swimming, Midwestern Swimming, Inc, the State of	, and
(local city/jurisdiction).	

The assumption of risk disclaimer language (listed in the Meet Information under Disclaimer) must be included in all meet information, announcements, and heat sheets.

BALANCE SHEET

As of July 16, 2020

Fixed Assets 181 Depreciation	0.00
	Ψ200,009.73
Total Current Assets	\$236,569.79
Total Other Current Assets	\$0.00
Payroll Refunds	0.00
414 Dain Rauscher	0.00
412 American Express	0.00
410 Kirkpatrick Pettis	0.00
119 close out of investments	0.00
Other Current Assets	
Total Accounts Receivable	\$0.00
1200 Accounts Receivable	0.00
Accounts Receivable	
Total Bank Accounts	\$236,569.79
Bill.com Money Out Clearing	1,107.00
129 PayPal Account	0.00
124 CD FNBO	102,834.84
122 Savings Wells Fargo	65,099.8
102 Wells Fargo	67,528.02
Bank Accounts	
Current Assets	
ASSETS	TOTAL

BALANCE SHEET

As of July 16, 2020

	TOTAL
LIABILITIES AND EQUITY	
Liabilities	
Current Liabilities	
Accounts Payable	
2000 Accounts Payable	0.00
Total Accounts Payable	\$0.00
Credit Cards	
204 Credit Card - Kooy, Betty	0.00
209 Credit Card - Scot Sorensen	0.00
Total Credit Cards	\$0.00
Other Current Liabilities	
201 Prepaid USS Registrations	10,874.00
2100 Payroll Liabilities	-599.04
211 Accrued PR Taxes	2,360.21
301 Payroll Tax	0.00
Direct Deposit Payable	0.00
Total Other Current Liabilities	\$12,635.17
Total Current Liabilities	\$12,635.17
Total Liabilities	\$12,635.17
Equity	
3000 Opening Bal Equity	0.00
3900 Retained Earnings	236,780.13
Net Income	-12,845.51
Total Equity	\$223,934.62
TOTAL LIABILITIES AND EQUITY	\$236,569.79

PROFIT AND LOSS

January 1 - July 16, 2020

	TOTAL
Income	
420 Interest Income	17.26
421 All Star Meet	10,563.40
441 MWS Sanction Fee	50.00
442 MWS Splash Fee	33,098.00
451 USS Athlete Membership	-6.00
451.1 Athlete-Premium	61,060.00
451.3 Athlete-Flex	1,690.00
451.4 Athlete-Outreach	330.00
Total 451 USS Athlete Membership	63,074.00
452 USS Nonathlete Members	9,170.00
453 USS Club Memberships	7,180.00
Total Income	\$123,152.66
GROSS PROFIT	\$123,152.66
Expenses	
521 All Star Meet Exp	16,795.29
526 Diversity Support	
526.1 Outreach Meet Support	1,491.28
Total 526 Diversity Support	1,491.28
527 Safe Sport	166.12
532 MWS LSC ShortCourse	3,252.69
541 Athlete Reimbursement	50.00
541.1 Sectional & Sr. Zone Reimburse	1,975.00
541.2 Grand Prix Reimb	1,200.00
541.3 Nationals & Jr. Nationals	4,000.00
Total 541 Athlete Reimbursement	7,225.00
551 USS Athlete Registration	
551.1 Athlete-Premium	58,528.00
551.3 Athlete-Flex	530.00
551.4 Athlete-Outreach	130.00
Total 551 USS Athlete Registration	59,188.00
552 USS NonAthlete Reg	9,238.00
553 USS Club Registrations	770.00
554 Club Rebates	13,950.00
566 Insurance	306.00
568 Service Charge	175.28
571 Administration	1,006.80
571.1 Admin - Professional Fees	7,401.63
Total 571 Administration	8,408.43
572 Office Supplies	251.23
tonn to	

PROFIT AND LOSS

January 1 - July 16, 2020

	TOTAL
573 Admin Internet	389.94
574 Admin Phone	223.61
578 Officials Expense	811.51
578.2 Meet Costs	1,191.98
578.3 Officials Reimbursement	296.74
Total 578 Officials Expense	2,300.23
579 USA Swim Conference Expenses	316.00
581 Exec Secretary - Wage	10,693.98
582 Payroll Taxes	818.09
595 Miscellaneous Expense	39.00
Total Expenses	\$135,998.17
NET OPERATING INCOME	\$ -12,845.51
NET INCOME	\$ -12,845.51

BUDGET VS. ACTUALS: 2020 BUDGET - FY20 P&L

January - December 2020

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
Income				
420 Interest Income	17.26	56.10	-38.84	30.77 %
421 All Star Meet	10,563.40	10,710.00	-146.60	98.63 %
423 Zone Meet		8,823.00	-8,823.00	
431 MWS LSC Long Course		31,110.00	-31,110.00	
432 MWS LSC Short Course		31,008.00	-31,008.00	
441 MWS Sanction Fee	50.00	2,652.00	-2,602.00	1.89 %
442 MWS Splash Fee	33,098.00	91,800.00	-58,702.00	36.05 %
451 USS Athlete Membership	-6.00	199,410.00	-199,416.00	-0.00 %
451.1 Athlete-Premium	61,060.00		61,060.00	
451.3 Athlete-Flex	1,690.00		1,690.00	
451.4 Athlete-Outreach	330.00		330.00	
Total 451 USS Athlete Membership	63,074.00	199,410.00	-136,336.00	31.63 %
452 USS Nonathlete Members	9,170.00	20,910.00	-11,740.00	43.85 %
453 USS Club Memberships	7,180.00	6,528.00	652.00	109.99 %
489 LSC Awards Banquet Income		1,836.00	-1,836.00	
490 Coaches Clinic Income		5,610.00	-5,610.00	
Total Income	\$123,152.66	\$410,453.10	\$ -287,300.44	30.00 %
GROSS PROFIT	\$123,152.66	\$410,453.10	\$ -287,300.44	30.00 %
Expenses				
521 All Star Meet Exp	16,795.29	20,145.00	-3,349.71	83.37 %
523 Zone Meet Exp		19,482.00	-19,482.00	
524 Other Age Group Expense		8,160.00	-8,160.00	
526 Diversity Support		10,200.00	-10,200.00	
526.1 Outreach Meet Support	1,491.28		1,491.28	
Total 526 Diversity Support	1,491.28	10,200.00	-8,708.72	14.62 %
527 Safe Sport	166.12	408.00	-241.88	40.72 %
528 Athlete Leadership Committee		510.00	-510.00	
531 MWS LSC LongCourse		33,354.00	-33,354.00	
532 MWS LSC ShortCourse	3,252.69	33,252.00	-29,999.31	9.78 %
541 Athlete Reimbursement	50.00	25,500.00	-25,450.00	0.20 %
541.1 Sectional & Sr. Zone Reimburse	1,975.00		1,975.00	
541.2 Grand Prix Reimb	1,200.00		1,200.00	
541.3 Nationals & Jr. Nationals	4,000.00		4,000.00	
Total 541 Athlete Reimbursement	7,225.00	25,500.00	-18,275.00	28.33 %
551 USS Athlete Registration		175,440.00	-175,440.00	
551.1 Athlete-Premium	58,528.00		58,528.00	
551.3 Athlete-Flex	530.00		530.00	
551.4 Athlete-Outreach	130.00		130.00	
Total 551 USS Athlete Registration	59,188.00	175,440.00	-116,252.00	33.74 %
552 USS NonAthlete Reg	9,238.00	18,360.00	-9,122.00	50.32 %
_				33.70 %
552 USS NonAthlete Reg 553 USS Club Registrations	9,238.00 770.00	18,360.00 2,285.00	-9,122.00 -1,515.00	

BUDGET VS. ACTUALS: 2020 BUDGET - FY20 P&L

January - December 2020

	TOTAL			
	ACTUAL	BUDGET	OVER BUDGET	% OF BUDGET
554 Club Rebates	13,950.00	1,020.00	12,930.00	1,367.65 %
566 Insurance	306.00	331.50	-25.50	92.31 %
568 Service Charge	175.28		175.28	
571 Administration	1,014.36	1,581.00	-566.64	64.16 %
571.1 Admin - Professional Fees	7,401.63	10,710.00	-3,308.37	69.11 %
Total 571 Administration	8,415.99	12,291.00	-3,875.01	68.47 %
572 Office Supplies	251.23	306.00	-54.77	82.10 %
573 Admin Internet	389.94	612.00	-222.06	63.72 %
574 Admin Phone	223.61	867.00	-643.39	25.79 %
575 Admin Postage		51.00	-51.00	
576 Admin Travel/Training		408.00	-408.00	
576.1 Admin Travel-Mileage Reimburse		816.00	-816.00	
Total 576 Admin Travel/Training		1,224.00	-1,224.00	
577 National Convention		15,606.00	-15,606.00	
578 Officials Expense	811.51	6,120.00	-5,308.49	13.26 %
578.2 Meet Costs	1,191.98		1,191.98	
578.3 Officials Reimbursement	296.74		296.74	
Total 578 Officials Expense	2,300.23	6,120.00	-3,819.77	37.59 %
579 USA Swim Conference Expenses	316.00	3,570.00	-3,254.00	8.85 %
580 Exec Sec Support Wages		22,402.50	-22,402.50	
581 Exec Secretary - Wage	10,693.98		10,693.98	
582 Payroll Taxes	818.09		818.09	
589 LSC Awards Banquet		6,120.00	-6,120.00	
590 Coaches Clinic		14,280.00	-14,280.00	
595 Miscellaneous Expense	39.00	255.00	-216.00	15.29 %
599 Contingency Fund		250.00	-250.00	
Unapplied Cash Bill Payment Expense	0.00		0.00	
Total Expenses	\$136,005.73	\$432,402.00	\$ -296,396.27	31.45 %
NET OPERATING INCOME	\$ -12,853.07	\$ -21,948.90	\$9,095.83	58.56 %
NET INCOME	\$ -12,853.07	\$ -21,948.90	\$9,095.83	58.56 %



DATE: 07/16/2020

TIME: 8:00 p.m.

LOCATION Coach Zoom Meeting

Welcome

- Carol Olson –
- Purpose: Share possible 'Virtual League' developed by Jimmy Parmenter with coaches and club
 Check in regarding current status of clubs
- Attendees: David Nelson, Nikki Sheets, John Ebito, Jimmy Parmenter, Mike Nobiling, Tom Beck, Jay Thiltgen, Becky Yungbluth, Emma McEntarffer, Sam Bach MW Secretary, Betty Kooy

Meeting Objectives

- Introduce Virtual League concept and outline
- Follow up on current clubs' status

Current Status

- Emma McEntarffer-GNST: High schools in Lincoln do not look promising for opening any time soon
- Tom Beck-GOAL: Using outdoor private pools straight down Center St; Montclair in late August; OPS says NO outside groups; College of St Mary's after Labor Day; younger kids doing better at social distancing
- Bruce Schomburg-CBSC: In water; different time slots; doing squad meet Friday in house; IA girls HS Fall season a go for now; intends to do duals, and high school, no invitationals; can have 32 in a practice session with 8 lane pool; running 70-80 kids, three different practice sessions; parents isolated, encouraging masks
- Jimmy Parmenter-BT: can have 12 per session; school not allowing 18 yet

Virtual Meet/League Proposal – Jimmy Parmenter

- Rationale: allow kids to swim locally but still compete against other teams both within and outside the LSC
- Midwestern's Objectives
 - Develop a fun and creative avenue for competition while adhering to national, regional, state, and local guidelines
 - Utilize virtual swim meets to supplement actual swim meets as we "crawl, walk, run" our way back to training and competition
 - Continue supporting the virtual concept well into the future to inspire, motivate and engage creative competition within and outside the LSC
- Cost: Sanction committee reviewing possibilities
 - o Recommended \$75.00 per season per athlete; \$25.00 to LSC for awards/T-shirts at end of each session
- League Seasons
 - Season I. September through December
 - Season II. January through April
 - Season III. May through August
 - League will not interfere with MWS regular season meets
- Motivation
 - o Help kids get up and racing

- Can sanction or not
- o Can focus on specific event in two-week period
- o Each club can collect own fees and put towards their own needs

Questions and Discussion

- Carol How administered through MW Office; not really any extra work; separate database
 - o Leaderboard posted every two weeks
- Jimmy wants to use virtual meets to get more officials
- High points Top 10 in each age group for motivation
- Sanction can sanction through MW for \$25.00 (dual fee)
- Who might opt in?
 - o GOAL if water
 - o LSS if water (dependent on LPS)
 - o NA not sure if able to get water
 - o GNST probably if LPS allows clubs to use facilities
 - o CBSC unsure prefers 'duals'
 - o NYA will approach board with possibility
 - o HLA only 3 more weeks of assured pool time; would if possible
 - o SST prefers duals with other teams; borders another LSC
- Carol will send communication of clubs not present to see if interested
 - Opt-in date mid August

Adjournment

• Time: 8:50 p.m.

Submitted by: Betty Kooy