



Code of Conduct for Athletes

Each athlete must sign and date a copy of this code of conduct before participating in events where he or she represents Midwestern Swimming (e.g. Central Zone Championship or All Star Meet). If the athlete is under 18 years of age, the athlete's parent or guardian must also sign and date this code of conduct. The MWS Board of Directors recommends that clubs adopt a similar code of conduct as a condition of athlete membership on the club.

- I. The following provisions pertain to practices, meets, camps, meetings, and clinics where athletes represent MWS, in or outside the territory of Midwestern Swimming, Inc.
 - A. Athletes shall exhibit good sportsmanship, in and out of the pool.
 - B. Athletes shall follow rules; attend practices, competitions, and team events; and abide by the curfews and instructions as deemed appropriate by coaches, officials, and administrators.
 - C. Athletes shall show respect for all property.
 - D. Athletes shall behave in a responsible manner, and are prohibited from possessing or using alcohol, tobacco, illegal drugs, or banned substances. Fireworks are also forbidden.

- II. Failure to comply with this Code will result in any or all of these disciplinary actions.
 - A. An athlete may not be allowed to participate in any or all practices, meets, camp activities, team events, or meetings.
 - B. An athlete may be sent home at his or her own expense from the meet or camp.
 - C. An athlete and/or his or her family will be responsible for any damage cause by the athlete.
 - D. An athlete may be suspended from membership in MWS and USA Swimming.

- III. The MWS Board of Review is responsible for reviewing a written summary of alleged violations of this Code of Conduct, as well as any disciplinary actions that have been and/or may be take. Refer to the MWS Bylaws for proper procedures.

I agree to obey the Code of Conduct for Athletes. I understand that if I violate any provision of Part I, I will be subject to the disciplinary actions in Part II.

Signature of Athlete

Signature of Parent/Guardian (if 18 or younger)

Name of Athlete (please print)

Name of Parent/Guardian (please print)

Date

Date



Code of Conduct for Coaches

Each coach must sign and date a copy of this code of conduct before participating in events where he or she represents Midwestern Swimming, Inc (e.g. Central Zone Championship or the All Star Meet). The MWS Board of Directors recommends that clubs adopt a similar code of conduct as a condition of employment with the club.

- I. The following Code pertains to practices, meets, camps, meetings, and clinics where coaches represent MWS in or outside the territory of Midwestern Swimming, Inc.
 - A. Coaches shall follow sound principles of teaching, coaching, training, nutrition, rest, and prevention of injuries when planning practices, camps, and while coaching at meets.
 - B. Coaches shall provide and exhibit appropriate communication and motivation to encourage optimal performances and participation by the athletes.
 - C. Coaches shall display responsible actions and attitudes, follow rules, and encourage the same actions and attitudes in their athletes.
 - D. Coaches shall treat all athletes and officials fairly and with respect.

- II. Failure to comply with this Code will result in any or all of these disciplinary actions.
 - A. A coach may not be allowed to participate in any or all practices, meets, camp activities, team events, or meetings.
 - B. A coach may be requested to leave the aquatic facility and/or lodging for the duration of the event and return home at his/her own expense.
 - C. A coach will be responsible for any damage caused by him or her.
 - D. A coach may be suspended from MWS and USA Swimming.

- III. The Board of Review is responsible for reviewing a written summary of alleged violations of this Code of Conduct, as well as any disciplinary actions that have been and/or may be taken. Refer to the MWS Bylaws for proper procedures.

I agree to obey the Code of conduct for Coaches. I understand that if I violate any provision of Part I, I will be subject to the disciplinary actions described in Part II.

Signature of Coach

Name of Coach (please print)

Date



Code of Conduct for Officials and Administrators

Each official, member of the Board of Directors, or other administrator must sign and date a copy of this code of conduct before participating in events where he or she represents Midwestern Swimming Inc. (e.g. USA Swimming Convention or USA Swimming workshops and clinics).

- I. The following Code pertains to practices, meets, camps, meetings, and clinics where officials and administrators represent MWS, in or outside the territory of MWS.
 - A. Officials and administrators shall strive to insure a safe and healthy environment for all members of MWS, especially the athletes.
 - B. Officials and administrators shall consistently, accurately, and equitably apply rules, regulations, and codes of USA Swimming and MWS, and shall educate all members in the necessity of such.
 - C. Officials and administrators shall act responsibly and respectfully toward all participants (including athletes, coaches, parents, and spectators) at events, meetings, clinics, and competitions.
 - D. Officials and administrators shall make every effort to make meetings, competitions, events, and camps run efficiently so that participants can benefit from the sport of swimming.
- II. Failure to comply with this Code will result in any or all of these disciplinary actions.
 - A. An official or administrator may not be allowed to participate in any or all practices, meets, camp activities, or meetings.
 - B. An official may be requested to leave the aquatic facility and/or lodging, meeting, or camp for the duration of the event and return home at his/her expense.
 - C. An official or administrator is responsible for any damage caused by him or her.
 - D. An official may be suspended from MWS and USA Swimming.
- III. The Board of Review is responsible for reviewing a written summary of alleged violations of this Code of Conduct, as well as any disciplinary actions that have been and/or may be taken. Refer to the MWS Bylaws for proper procedures.

I agree to obey the Code of Conduct for Officials and Administrators. I understand that if I violate any provision of Part I, I will be subject to the disciplinary actions described in Part II.

Signature of Official or Administrator

Name of Official or Administrator (please print)

Date



Code of Conduct for MW Trip Chaperones

Each chaperone must sign and date a copy of this code of conduct before participating in events where he or she represents Midwestern Swimming Inc. (e.g. All Star trip and Zone trip).

- I. The following Code pertains to all activities where chaperones represent MWS, in or outside the territory of MWS.
 - A. Chaperones shall strive to insure a safe and healthy environment for all members of MWS, especially the athletes.
 - B. Chaperones shall consistently, accurately, and equitably apply rules, regulations, and codes of USA Swimming and MWS, and shall educate all members in the necessity of such.
 - C. Chaperones shall act responsibly and respectfully toward all participants (including athletes, coaches, parents, and spectators) at events, meetings, and competitions.
 - D. Chaperones shall make every effort to make the travel environment run efficiently so that participants can benefit from the sport of swimming.
- II. Failure to comply with this Code will result in any or all of these disciplinary actions.
 - A. A chaperone may not be allowed to participate in any or all practices, meets, or meetings.
 - B. A chaperone may be requested to leave the aquatic facility and/or lodging, for the duration of the event and return home at his/her expense.
 - C. A chaperone is responsible for any damage caused by him or her.
 - D. A chaperone may be suspended from MWS and USA Swimming.
- III. The Board of Review is responsible for reviewing a written summary of alleged violations of this Code of Conduct, as well as any disciplinary actions that have been and/or may be taken. Refer to the MWS Bylaws for proper procedures.

I agree to obey the Code of Conduct for Midwestern Trip Chaperones. I understand that if I violate any provision of Part I, I will be subject to the disciplinary actions described in Part II.

Signature of Chaperone

Name of Chaperone (please print)

Date