



1. Introduce Key Officials

Make sure coaches know who's on the Leadership Team.

2. Facility Layout

Provide location of key areas (competition pool, locker rooms, warm-up/cool down area, First Aid, Clerk of Course / Admin Referee, Scratch Box, Announcer, Lost and Found, coaches area, seating areas, results posting, swim shop, concessions, hospitality, etc.).

3. Venue Rules

Discuss rules of the venue, so there are no surprises.

4. Meet Invitation Changes

Announce changes made to or discuss changes needed in the Meet Invitation. Make sure everyone gets the word.

5. Timelines

Provide the estimated session timelines. Make sure everyone knows whether it's a guide or if events will not start any sooner than scheduled.

6. Warm-Up Procedures

Go over Warm-Up schedule and procedures. Make sure everyone understands how they will be conducted.

7. Warm-Up/Cool-Down Procedures

Go over Warm-Up/Cool-Down procedures. Make sure everyone understands the rules.

8. Heat Sheets

Make sure Coaches know when and where to get Heat Sheets and how many they will get.

Relay Cards

Make sure Coaches know when and where they will get their Relay Cards and when and to whom they need to return them or their scratches.

10. Positive Check-In Procedures

Discuss the Positive Check-In procedures in effect for the meet - for which events and by what time? Is it check-in for seeding or to swim? Make sure everyone understands any penalties.

11. Scratch Procedures

Discuss the Scratch Procedures in effect for the meet - for which events and by what time? Where do they turn them in? Make sure everyone understands any penalties.

12. Start Procedures

Discuss start procedures in effect for the meet, e.g. fly-over starts.

13. Finals Procedures

Discuss the protocol for Finals - order of heats, announcements /report locations for swimmers, Ready Room location, report location / time for alternates, no shows, declared false starts, etc.

14. Time Trials

Discuss procedures for Time Trials - eligibility, schedule, fees, report times, etc.

15. Complaints / Protests / Meet Jury

Discuss procedures for protests and use of the Meet Jury. Announce pool of jurists.

16. Meet Results

Make sure Coaches know when/how results will be announced and where they will be posted. Also, provide the time/location/and medium for delivery of final meet results.

17. Who to go to for Information?

Identify the Officials to whom Coaches should direct their requests for information first.

18. Questions