



**MIDWESTERN  
SWIMMING**

# JURISDICTION AND PROTOCOL SHORT COURSE POOL

JURISDICTION		START END	TURN END	STROKE
<b>Freestyle</b>				
50	Nothing to observe		Turn from corner	Stroke side 1 observes 15 m for first 25 for all lanes. Stroke side 8 observes 15 m for second 25 for all lanes
100 and 200	Turns from corner, don't observe finish		Turns from corner	Stroke side 1 observes 15 m for first 25 for all lanes. Stroke side 8 observes 15 m for second 25 for all lanes
500 and Over	Turns from corner, don't observe finish		Turns from corner	Assigned stroke judge observes 15 m for first 25 for all lanes
<b>Breaststroke</b>				
	For start, until head up		From last stroke in until head up	Wall to wall for assigned lanes
	For turn, from last stroke in until head up			
	For finish, from last stroke in until touch			
<b>Butterfly</b>				
	For start, until head up		From last stroke in until head up	Wall to wall for assigned lanes
	For turn, from last stroke in until head up			
	For finish, from last stroke in until touch			
<b>Backstroke</b>				
	For start, until head up		From last stroke in until head up	Wall to wall for assigned lanes
	For turn, from last stroke in until head up			
	For finish, from last stroke in until touch			
PROTOCOL		START END	TURN END	STROKE
<b>Freestyle</b>				
50	Off deck		Step back when out of jurisdiction	Step back when out of jurisdiction
100 and 200	Step back when out of jurisdiction		Step back when out of jurisdiction	Step back when out of jurisdiction
500 and Over	Sit when out of jurisdiction		Sit when out of jurisdiction	Sit when out of jurisdiction
<b>Breaststroke</b>				
	Step back when out of jurisdiction		Step back when out of jurisdiction	Observes assigned jurisdiction but only walks between backstroke flags
<b>Butterfly</b>				
	Step back when out of jurisdiction		Step back when out of jurisdiction	Observes assigned jurisdiction but only walks between backstroke flags
<b>Backstroke</b>				
	Step back when out of jurisdiction		Step back when out of jurisdiction	Observes assigned jurisdiction but only walks between backstroke flags