

## Midwestern Long Course Records after 1996-1997

### 8 & U Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
8 & Under	50m	Free	35.81	1996	MW-SO	Colleen Criss
8 & Under	100m	Free	1:21.57	1982	MW-RAMS	Diana Melrose
8 & Under	200m	Free	2:54.83	1982	MW-RAMS	Diana Melrose
8 & Under	50m	Back	43.93	1994	MW-NA	Susan Waizenhofer
8 & Under	50m	Breast	45.12	1986	MW-WRSC	Brenda Passmore
8 & Under	50m	Fly	40.54	1982	MW-RAMS	Diana Melrose
8 & Under	200m	Ind Med	3:27.79	1982	MW-RAMS	Diana Melrose
8 & Under	200m	Fr Rel	2:47.73	1996	MW-SO	Karen Criss, Colleen Criss, Aimee LaFave, Tracy Wiles
8 & Under	200m	Med Rel	3:15.70	1979	MW-OWSC	Larson, Sherman, Marnee Dietrich, Spidle

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
8 & Under	50m	Free	33.92	1996	MW-MAC	Kevin Ensor
8 & Under	100m	Free	1:15.26	1996	MW-MAC	Kevin Ensor
8 & Under	200m	Free	2:40.84	1996	MW-MAC	Kevin Ensor
8 & Under	50m	Back	37.93	1996	MW-MAC	Kevin Ensor
8 & Under	50m	Breast	45.16	1996	MW-MAC	Kevin Ensor
8 & Under	50m	Fly	34.56	1996	MW-MAC	Kevin Ensor
8 & Under	200m	Ind Med	2:51.63	1996	MW-MAC	Kevin Ensor
8 & Under	200m	Fr Rel	2:47.43	1993	MW-SO	Grant Campbell, Gray, Kalisch, Fellwock
8 & Under	200m	Med Rel	3:09.88	1993	MW-SO	Kalisch, Gray, Fellwock, Grant Campbell

## Midwestern Long Course Records after 1996-1997

### 10 & U Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
10 & Under	50m	Free	31.32	1979	MW-OWSC	Linda Rosenberg
10 & Under	100m	Free	1:08.68	1979	MW-OWSC	Linda Rosenberg
10 & Under	200m	Free	2:28.63	1979	MW-OWSC	Linda Rosenberg
10 & Under	50m	Back	35.59	1990	MW-MOST	Ali Petersen
10 & Under	100m	Back	1:17.95	1979	MW-OWSC	Linda Rosenberg
10 & Under	50m	Breast	39.38	1996	MW-MS	Elizabeth Gregory
10 & Under	100m	Breast	1:27.02	1996	MW-MS	Elizabeth Gregory
10 & Under	50m	Fly	32.80	1977	MW-BSC	Vanessa Richey
10 & Under	100m	Fly	1:16.30	1977	MW-BSC	Vanessa Richey
10 & Under	200m	Ind Med	2:49.72	1984	MW-UN	Diana Melrose
10 & Under	200m	Fr Rel	2:20.41	1978	MW-OWSC	Linda Rosenberg, Konopik, Kubat, Johnson
10 & Under	200m	Med Rel	2:37.73	1990	MW-MOST	Ali Petersen, Madeline Porta, Kellie Palko, Natasha Soby

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
10 & Under	50m	Free	30.48	1979	MW-NA	JB Barr
10 & Under	100m	Free	1:06.12	1981	MW-BSC	Matt Barager
10 & Under	200m	Free	2:19.85	1981	MW-BSC	Matt Barager
10 & Under	50m	Back	36.09	1981	MW-BSC	Matt Barager
10 & Under	100m	Back	1:19.07	1996	MW-MOST	Nick Swaney
10 & Under	50m	Breast	39.31	1993	MW-SLS	Cornelius Qualley
10 & Under	100m	Breast	1:27.90	1993	MW-SLS	Cornelius Qualley
10 & Under	50m	Fly	33.27	1984	MW-MS	PJ Wiseman
10 & Under	100m	Fly	1:15.16	1997	MW-MAC	Kevin Ensor
10 & Under	200m	Ind Med	2:41.69	1981	MW-BSC	Matt Barager
10 & Under	200m	Fr Rel	2:16.32	1976	MW-MOST	DiBiase, Beck, Wolters, Mordeson
10 & Under	200m	Med Rel	2:37.27	1974	MW-LSC	David Timm, Aaron Drake, C.P.Meehan, Kenny Hammer

## Midwestern Long Course Records after 1996-1997

### 11-12 Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
11-12	50m	Free	28.80	1981	MW-OWSC	Linda Rosenberg
11-12	50m	Free	28.80	1977	MW-BSC	Georganne Peterson
11-12	100m	Free	1:01.71	1981	MW-OWSC	Linda Rosenberg
11-12	200m	Free	2:13.17	1981	MW-OWSC	Linda Rosenberg
11-12	400m	Free	4:37.91	1988	MW-OSAC	Lisa Arent
11-12	50m	Back	32.91	1990	MW-MAC	Kelly Lorenz
11-12	100m	Back	1:09.68	1987	MW-OWSC	Katie Chapeau
11-12	50m	Breast	36.30	1997	MW-MS	Elizabeth Gregory
11-12	100m	Breast	1:17.74	1989	MW-BBSC	Carrie Johnson
11-12	50m	Fly	30.42	1985	MW-NA	LaDonnis Loury
11-12	100m	Fly	1:06.05	1985	MW-NA	LaDonnis Loury
11-12	200m	Ind Med	2:31.51	1985	MW-NA	LaDonnis Loury
11-12	200m	Fr Rel	2:01.88	1981	MW-OWSC	Patrick, Linda Petersen, Anne Hauptman, Linda Rosenberg
11-12	400m	Fr Rel	4:32.33	1976	MW-BSC	Peterson, Conley, Jackson, Green
11-12	200m	Med Rel	2:17.25	1978	MW-OWSC	Robin DeSmet, Lazzaretti, Jill Stuva, Johnson
11-12	400m	Med Rel	4:59.27	1978	MW-OWSC	Robin DeSmet, Lazzaretti, Jill Stuva, Johnson

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
11-12	50m	Free	27.22	1990	MW-BTSC	Coley Stickels
11-12	100m	Free	1:00.70	1990	MW-BTSC	Coley Stickels
11-12	200m	Free	2:13.97	1986	MW-WRSC	Doug Humphrey
11-12	400m	Free	4:40.92	1983	MW-BSC	Matt Barager
11-12	50m	Back	31.81	1995	MW-SSD	Steven Wiltgen
11-12	100m	Back	1:10.44	1997	MW-SO	Travis Stensby
11-12	50m	Breast	35.73	1976	MW-LSC	Aaron Drake
11-12	100m	Breast	1:16.49	1995	MW-MOST	Joshua Sims
11-12	50m	Fly	29.34	1997	MW-UN	Hong Zhe Sun
11-12	100m	Fly	1:06.28	1997	MW-SO	Travis Stensby
11-12	200m	Ind Med	2:30.44	1997	MW-UN	Hong Zhe Sun
11-12	200m	Fr Rel	2:00.92	1979	MW-OWSC	Craig Opper, Derron Fredrick, Martin, McClure
11-12	400m	Fr Rel	4:26.85	1981	MW-OWSC	Bill Day, Jeff Spidle, McDonald, Mark Dietrich
11-12	200m	Med Rel	2:15.33	1981	MW-OWSC	Bill Day, Jeff Spidle, McDonald, Mark Dietrich
11-12	400m	Med Rel	5:05.47	1981	MW-OWSC	Bill Day, Jeff Spidle, McDonald, Mark Dietrich

## Midwestern Long Course Records after 1996-1997

### 13-14 Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
13-14	50m	Free	27.74	1996	MW-MOST	Betsy Hassebroek
13-14	100m	Free	59.13	1974	MW-LSC	Barb Harris
13-14	200m	Free	2:08.88	1974	MW-LSC	Barb Harris
13-14	400m	Free	4:26.20	1989	MW-OSAC	Lisa Arent
13-14	800m	Free	9:02.72	1990	MW-OSAC	Lisa Arent
13-14	1500m	Free	17:12.47	1989	MW-OSAC	Lisa Arent
13-14	100m	Back	1:06.99	1987	MW-UN	Heather Welch
13-14	200m	Back	2:25.21	1983	MW-OWSC	Linda Rosenberg
13-14	100m	Breast	1:15.17	1990	MW-BBSC	Carrie Johnson
13-14	200m	Breast	2:42.23	1990	MW-BBSC	Carrie Johnson
13-14	100m	Fly	1:00.99	1987	MW-NA	LaDonnis Loury
13-14	200m	Fly	2:15.16	1987	MW-NA	LaDonnis Loury
13-14	200m	Ind Med	2:26.08	1994	MW-MOST	Shandra Johnson
13-14	400m	Ind Med	5:10.51	1993	MW-MOST	Shandra Johnson
13-14	200m	Fr Rel	1:56.61	1975	MW-MOST	
13-14	400m	Fr Rel	4:19.41	1976	MW-OWSC	Seman, Keown, Hazuka, Guerin
13-14	800m	Fr Rel	9:14.12	1995	MW-OSAC	Ingles, Carrie Lanspa, Melissa Mushlitz, Marcie Holmes
13-14	200m	Med Rel	2:10.46	1993	MW-MOST	Ali Petersen, Terese Jung, Andrea Tourek, Shandra Johnson
13-14	400m	Med Rel	4:51.26	1977	MW-OWSC	Ruane, McLeay, Lammell, Keown

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
13-14	50m	Free	25.42	1989	MW-BBSC	Byron Butts
13-14	100m	Free	56.35	1989	MW-BBSC	Byron Butts
13-14	200m	Free	2:04.23	1980	MW-BSC	Chuck Jones
13-14	400m	Free	4:18.13	1980	MW-BSC	Chuck Jones
13-14	800m	Free	8:36.95	1988	MW-OSAC	David Rosenberg
13-14	1500m	Free	16:43.17	1988	MW-OSAC	David Rosenberg
13-14	100m	Back	1:03.32	1997	MW-SSD	Steven Wiltgen
13-14	200m	Back	2:18.32	1997	MW-SSD	Steven Wiltgen
13-14	100m	Breast	1:11.55	1995	MW-MAC	David Anderson
13-14	200m	Breast	2:34.05	1992	MW-NA	Patrick Rowan
13-14	100m	Fly	1:01.21	1996	MW-SSD	Steven Wiltgen
13-14	200m	Fly	2:16.79	1977	MW-OWSC	Allen Kunkle
13-14	200m	Ind Med	2:18.36	1983	MW-OWSC	Mark Dietrich
13-14	400m	Ind Med	4:56.58	1988	MW-TN	PJ Wiseman
13-14	200m	Fr Rel	1:50.05	1996	MW-MOST	Joshua Sims, Brent Menghini, James Sewell, Rob Seaton
13-14	400m	Fr Rel	4:03.70	1982	MW-OWSC	Jeff Spidle, Trent Rinker, Mark Dietrich, Derron Fredrick
13-14	800m	Fr Rel	8:51.07	1980	MW-BSC	Jones, Tapelshay, Crook, Lemieux
13-14	200m	Med Rel	2:03.06	1977	MW-OWSC	Bill Heavey, Mark Beck, Allen Kunkle, Paul Hazuka
13-14	400m	Med Rel	4:15.61	1982	MW-OWSC	

## Midwestern Long Course Records after 1996-1997

### 15-16 Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
15-16	50m	Free	27.22	1986	MW-NA	Amy Tidball
15-16	100m	Free	58.60	1996	MW-MOST	Shandra Johnson
15-16	200m	Free	2:02.25	1997	MW-MOST	Diana Coulton
15-16	400m	Free	4:20.50	1995	MW-MOST	Shandra Johnson
15-16	800m	Free	8:52.53	1991	MW-OSAC	Lisa Arent
15-16	1500m	Free	17:02.63	1991	MW-OSAC	Lisa Arent
15-16	100m	Back	1:04.78	1996	MW-MOST	Shandra Johnson
15-16	200m	Back	2:19.92	1995	MW-MOST	Shandra Johnson
15-16	100m	Breast	1:16.80	1996	MW-LYD	Heather Schwab
15-16	200m	Breast	2:45.07	1981	MW-BSC	Maureen McLeay
15-16	100m	Fly	1:01.44	1988	MW-NA	LaDonnis Loury
15-16	200m	Fly	2:17.98	1988	MW-NA	LaDonnis Loury
15-16	200m	Ind Med	2:17.36	1997	MW-MOST	Diana Coulton
15-16	400m	Ind Med	4:58.83	1994	MW-MOST	Shandra Johnson
15-16	200m	Fr Rel	1:57.69	2008	MW-GOAL	Meredith Colombo, Alexis Fee, Kyra Lindholm, Grace Raynor
15-16	400m	Fr Rel	4:11.49	2008	MW-GOAL	Meredith Colombo, Kyra Lindholm, Alexis Fee, Grace Raynor
15-16	800m	Fr Rel	8:37.90	2003	MW-SO	Lindsey Kline, Karen Criss, Jenn Kocsis, Erin Holtmeyer
15-16	200m	Med Rel	2:08.41	1995	MW-MOST	Shandra Johnson, Madeline Porta, Ali Petersen, Natasha Soby
15-16	400m	Med Rel	4:47.93	1995	MW-SO	Jenny Patton, Brenda Passmore, Aimee LaFave, Schwarz

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
15-16	50m	Free	23.93	1994	MW-MOST	Coley Stickels
15-16	100m	Free	53.91	1991	MW-SO	Bryon Butts
15-16	200m	Free	1:58.42	1989	MW-TN	Doug Humphrey
15-16	400m	Free	4:05.86	1982	MW-BSC	Chuck Jones
15-16	800m	Free	8:19.92	1987	MW-OSAC	Matt Barager
15-16	1500m	Free	15:54.97	1987	MW-OSAC	Matt Barager
15-16	100m	Back	1:00.82	1993	MW-NA	David Foster
15-16	200m	Back	2:13.73	1996	MW-MOST	Jim Townley
15-16	100m	Breast	1:07.97	1989	MW-NA	Rich Nolte
15-16	200m	Breast	2:27.60	1994	MW-NA	Patrick Rowan
15-16	100m	Fly	56.99	1990	MW-TN	PJ Wiseman
15-16	200m	Fly	2:06.72	1987	MW-OSAC	Stephen Keller
15-16	200m	Ind Med	2:10.76	1990	MW-TN	PJ Wiseman
15-16	400m	Ind Med	4:42.35	1987	MW-OSAC	Matt Barager
15-16	200m	Fr Rel	1:48.29	1983	MW-NA	John Tidball, John Wilson, Whit Warner, Pat McGinn
15-16	400m	Fr Rel	4:02.36	1986	MW-OSAC	Thomas, Walters, Fitzsimmons, Matt Barager
15-16	800m	Fr Rel	8:50.59	1986	MW-OSAC	Matt Barager, Thomas, King, Walters
15-16	200m	Med Rel	2:03.75	1995	MW-SO	Pat Kettleon, Ben Porter, Josh White, Jeff Grewe
15-16	400m	Med Rel	4:10.91	1987	MW-NA	Geoff Basler, Paul Nelsen, Tom Krause, Eric Wright

## Midwestern Long Course Records after 1996-1997

### 17-18 Long Course Records

#### Girls

Age	Distance	Stroke	Time	Year	Club	Swimmer
17-18	50m	Free	26.84	1986	MW-NA	Amy Tidball
17-18	100m	Free	59.18	1996	MW-MOST	Shandra Johnson
17-18	200m	Free	2:03.78	1997	MW-MOST	Shandra Johnson
17-18	400m	Free	4:20.40	1996	MW-MOST	Shandra Johnson
17-18	800m	Free	8:55.17	1993	MW-OSAC	Lisa Arent
17-18	1500m	Free	17:11.21	1993	MW-OSAC	Lisa Arent
17-18	100m	Back	1:04.58	1997	MW-MOST	Shandra Johnson
17-18	200m	Back	2:18.31	1997	MW-MOST	Shandra Johnson
17-18	100m	Breast	1:14.63	1988	MW-OWSC	Marnee Dietrich
17-18	200m	Breast	2:42.72	1994	MW-MOST	Leah Abraham
17-18	100m	Fly	1:06.29	1981	MW-NA	Barb Molaskey
17-18	200m	Fly	2:24.18	1996	MW-SO	Irene Schneider
17-18	200m	Ind Med	2:24.48	1996	MW-MOST	Shandra Johnson
17-18	400m	Ind Med	5:03.47	1994	MW-OSAC	Lisa Arent
17-18	200m	Fr Rel				
17-18	400m	Fr Rel				
17-18	800m	Fr Rel				
17-18	200m	Med Rel				
17-18	400m	Med Rel				

#### Boys

Age	Distance	Stroke	Time	Year	Club	Swimmer
17-18	50m	Free	23.77	1997	MW-SO	David Morrow
17-18	100m	Free	52.18	1992	MW-SO	PJ Wiseman
17-18	200m	Free	1:54.03	1991	MW-SO	Doug Humphrey
17-18	400m	Free	4:01.19	1986	MW-OSAC	Roddy Kirschenmann
17-18	800m	Free	8:12.25	1986	MW-OSAC	Roddy Kirschenmann
17-18	1500m	Free	15:41.41	1986	MW-OSAC	Roddy Kirschenmann
17-18	100m	Back	58.36	1991	MW-SO	PJ Wiseman
17-18	200m	Back	2:09.49	1986	MW-NA	JB Barr
17-18	100m	Breast	1:04.85	1989	MW-NA	Paul Nelsen
17-18	200m	Breast	2:22.04	1989	MW-NA	Paul Nelsen
17-18	100m	Fly	56.17	1991	MW-SO	PJ Wiseman
17-18	200m	Fly	2:05.05	1989	MW-OSAC	Steve Keller
17-18	200m	Ind Med	2:06.45	1989	MW-NA	Paul Nelsen
17-18	400m	Ind Med	4:29.39	1989	MW-NA	Paul Nelsen
17-18	200m	Fr Rel				
17-18	400m	Fr Rel	3:39.56	1990	MW-NA	Greg Timm, Rich Nolte, Charlie Larson, Eric Wright
17-18	800m	Fr Rel	7:59.62	1990	MW-NA	Justin Switzer, Eric Wright, Charlie Larson, Greg Tim
17-18	200m	Med Rel				
17-18	400m	Med Rel	4:01.28	1990	MW-NA	Charlie Larson, Rich Nolte, Eric Wright, Greg Timm

## Midwestern Long Course Records after 1996-1997

### Senior Long Course Records

#### Girls

<u>Age</u>	<u>Distance</u>	<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Club</u>	<u>Swimmer</u>
Senior	50m	Free	26.71	1997	MW-NA	Melanie Dodd
Senior	100m	Free	57.72	1997	MW-NA	Melanie Dodd
Senior	200m	Free	2:03.32	1995	MW-MOST	Shandra Johnson
Senior	400m	Free	4:20.40	1996	MW-MOST	Shandra Johnson
Senior	800m	Free	8:52.53	1991	MW-OSAC	Lisa Arent
Senior	1500m	Free	17:02.63	1991	MW-OSAC	Lisa Arent
Senior	100m	Back	1:04.58	1997	MW-MOST	Shandra Johnson
Senior	200m	Back	2:16.42	1993	MW-NA	Jane Glazebrook
Senior	100m	Breast	1:07.02	1996	MW-UNL	Penny Heyns
Senior	200m	Breast	2:30.32	1997	MW-NA	Penny Heyns
Senior	100m	Fly	1:00.99	1987	MW-NA	LaDonnis Loury
Senior	200m	Fly	2:15.16	1987	MW-NA	LaDonnis Loury
Senior	200m	Ind Med	2:22.11	1997	MW-NA	Julia Russell
Senior	400m	Ind Med	4:58.83	1995	MW-MOST	Shandra Johnson
Senior	200m	Fr Rel				
Senior	400m	Fr Rel	4:07.04	1991	MW-SO	Lisa Olander, Karla Ahl, Carrie Johnson, Katie Luellen
Senior	800m	Fr Rel	8:56.02	1994	MW-MOST	Shandra Johnson, Leah Abraham, Ali Petersen, Steph Torrens
Senior	200m	Med Rel				
Senior	400m	Med Rel	4:33.88	1994	MW-MOST	Ali Petersen, Leah Abraham, Steph Torrens, Shandra Johnson

#### Boys

<u>Age</u>	<u>Distance</u>	<u>Stroke</u>	<u>Time</u>	<u>Year</u>	<u>Club</u>	<u>Swimmer</u>
Senior	50m	Free	23.75	1995	MW-NA	Paulo Trindade
Senior	100m	Free	51.71	1989	MW-NA	JB Barr
Senior	200m	Free	1:54.03	1991	MW-SO	Doug Humphrey
Senior	400m	Free	4:01.19	1986	MW-OSAC	Roddy Kirschenmann
Senior	800m	Free	8:12.25	1986	MW-OSAC	Roddy Kirschenmann
Senior	1500m	Free	15:26.62	1987	MW-OSAC	Roddy Kirschenmann
Senior	100m	Back	57.85	1994	MW-MOST	Robb Pantano
Senior	200m	Back	2:05.06	1997	MW-NA	Eric Rasser
Senior	100m	Breast	1:04.85	1989	MW-NA	Paul Nelsen
Senior	200m	Breast	2:22.04	1989	MW-NA	Paul Nelsen
Senior	100m	Fly	55.13	1989	MW-NA	Doug Lillydahl
Senior	200m	Fly	2:02.54	1991	MW-NA	Kyle Seebach
Senior	200m	Ind Med	2:06.45	1989	MW-NA	Paul Nelsen
Senior	400m	Ind Med	4:29.39	1989	MW-NA	Paul Nelsen
Senior	200m	Fr Rel				
Senior	400m	Fr Rel	3:32.50	1991	MW-SO	Byron Butts, PJ Wiseman, Chris Mailliard, Doug Humphrey
Senior	800m	Fr Rel	7:50.47	1991	MW-SO	PJ Wiseman, Doug Humphrey, Seddon Keyter, Brent Harvey
Senior	200m	Med Rel				
Senior	400m	Med Rel	3:58.16	1990	MW-NA	Paul Nelsen, Rich Nolte, Eric Wright, Seddon Keyter