

CENTRAL ZONE 14 & UNDER MEET CHAMPIONSHIP MEET

August 1 – 4, 2024

Meet Site: West Fargo, ND

Participating Teams: Arkansas, Illinois, Indiana, Midwestern, North Dakota, Ohio, Oklahoma, Ozark, and South Dakota

SANCTION: *Sanction Number* ND-LC-24-081.

HOSTED BY: *West Fargo Flyers*

MEET *Lisa Montplaisir*

DIRECTOR: *9019 56th Ave N, Harwood, ND 58042*

lisa.montplaisir@gmail.com

701-261-6164

OFFICIALS: *Referee: Betsy Purcell, betsypurcell417@gmail.com*

Admin Referee: Ann Widdowso, widsona@gmail.com

Championship Meet Coordinator: Lisa Montplaisir, lisa.montplaisir@gmail.com

Meet Marshal: Kristi Engelstad, Kristi_rasmussen@hotmail.com

MEET SITE: *Hulbert Aquatic Center, 620 7th Ave E, West Fargo, ND 58078*

[Meet website](#) with maps and additional information.

If traveling by I-94: If traveling east or west on I94, take exit 347 (9th Street) and travel N to 7th Ave. Turn W and will be 2 blocks on the N side.

If traveling from I-29: If traveling north or south on I29, take exit 65 (Main Ave) and travel W to 9th Street. Turn S to 7th Ave. Turn W and will be 2 blocks on the N side.

*Go to 4th Ave rather than 7th Ave to find additional street parking and a drop-off bus loop.

From 7th Ave entrance: The main doors take you directly to the lobby outside of pool. From the 4th Ave entrance, walk down the ramp to the main lobby entrance.

FACILITY: *Competition Pool:* Hulbert Aquatics Center houses an indoor 54 meter x 25 yard pool. A 10-lane 50M pool will be in use with anti-wave lane lines, electronic timing and start, Colorado Gen 7 Timing System with Hy-Tek interface. The start end has a 7' depth and the turn end a 14' depth. The competition pool conforms to USA Swimming Rules and Regulations – Article 103.3. The pool is certified in accordance with USA Swimming requirements 104.2 C(3) and (4). The copy of such certificate is on file with USA Swimming.

Warm-up/down Pool: A six-lane 25 yard pool will be continuously available while the competition pool is in use. Depth is 3.5' by 4.5'. Glass doors separate the warmup/cooldown pool from the start end of the competition pool.

Locker Rooms: Six locker rooms are available. Three enter a hallway at the competition pool deck, three enter directly to the warmup/cool down pool deck. Each has lockers where locks can be used during meet but not overnight.

Athlete Seating: Bleacher seating for 640 is available on deck.

Spectator Seating: There are 1100 stadium chairs available on the upper-deck. Seating is top-load. There are 10 handicap areas around the upper-deck for family access. No camping is allowed in the seating area. Elevator access is available to all areas.

Availability of Concessions: Concessions will be available the entirety of the meet.

ENTRY FEES: Make check payable to: *West Fargo Flyers*.
Central Zone surcharge: \$1 per athlete
Individual events: \$10
Relay events: \$16
Facility surcharge: \$10 per athlete

ENTRY *Send entries to:*

CHAIRMAN: *Lisa Montplaisir, lisa.montplaisir@gmail.com, 701-261-6164 please include your name and LSC if texting or leaving a message.*

RESULTS: Results will be posted and announced.

Results will be posted by day in the upper deck for spectators and lower deck for athletes. The will also be posted on the West Fargo Flyers site (see link above) and final results will be posted to the Central Zone site.

**FINALS,
READY AREA
AND
SWIMMER
INTRODUCTI
ONS:** Swimmers in the 11-12 and 13-14 championship finals shall report to the ready area which is a room adjacent to the warmup pool deck prior to the Championship final heat of the previous event.

AWARDS: *Awards ceremony:* Awards stand for top 8 will be on the west side of the competition pool. Pictures will be available from the upper-deck on the east side. Staging for awards will be on the warmup pool deck. Award breaks are identified in the order of events of the general meet info.

**GENERAL
ADMISSION
TICKETS:** Each LSC will receive six (6) complimentary admission tickets and programs per session. These are not deck passes or hospitality passes – strictly an admission pass. They will be given to the Team Chaperone/Advisor for distribution.

Admission: All-Session Pass \$50, Daily Pass \$20, Timed Finals only \$5. Tickets will be cash or credit on site or available for advanced purchase on the [meet website](#). If you are willing to lane time for two sessions, you will receive one All-Session Pass. A signup genius link is on the [meet website](#) to sign up to lane time. Onsite ticket sales and pickup of advanced purchase will be available Wednesday 1p – 6p in addition to all meet sessions in the lobby of the facility.

Paid parking of \$5 each entry (cash only) will be available on the S side of the pool off of 7th Ave. A drop-off only loop will be available on the N side of the pool off of 4th Ave.

**MEET
PROGRAM/
FINAL
RESULTS:** \$15.00 meet program. This will get you copies of all session programs. Bring the COVER page each session for a stamp to confirm your receipt of program. If you lose your cover page, you will need to purchase a new program at full cost.

\$4.00 daily heat sheets.

\$1.00 finals heat sheets each session.

- GENERAL MEETING:** A pre-meet General Meeting is scheduled for the evening of Tuesday, July 30th, via Zoom, for all coaches and LSC representatives. The link will be provided to the LSC contact before the meeting. Meet procedures and meet information will be discussed.
- OFFICIALS' MEETING:** This meet will be an Officials Qualifying Meet (OQM).
- *An officials' meeting will convene one hour prior to the start of each session.*
 - *Uniform is white tops over black bottoms with black socks and shoes.*
 - *Referee: Betsy Purcell, betsypurcell417@gmail.com*
- VOLUNTEERS:** Timers and officials from visiting LSCs are encouraged and welcomed.
- *Timers please use the signup genius link below and on [host website](#). Officials please signup on the Central Zone site for officiating.*
 - <https://www.signupgenius.com/go/20F0E4DAAAB23A7F94-48660757-2024#/>
- REFRESHMENTS:** A hospitality room for coaches and officials is available off deck near the main entrance throughout the meet. Hot meals, snacks, and beverages will be available throughout the meet. There are numerous water bottle fillers throughout the facility for personal water bottles.
- THURSDAY WARM-UP/TEAM PICTURES:** Teams will enter a separate door (not the HAC main door) from the 7th Ave parking lot. A team host will greet each team for check-in and distribution of materials. The photographer will meet the team and take to picture location. Individual and group orders for pictures can be made. A separate link will be available on the [meet website](#). The team host will provide a tour of the facility for athletes, coaches, and any officials from the teams who may be present. Contact information for local hosts will be provided for questions that come up after the initial check-in. As the meet now begins on Thursday, warmup times and team pictures will be arranged during Zoom call with all attending LSC's to coordinate.
- TEAM SEATING:** Bleachers will be assigned for on deck and be provided in the Team Packet received at check-in.
- HOTEL INFORMATION:** Room block information can be found on the [meet website](#). Blocks close July 8th
- MEET WEBSITE:** <https://www.gomotionapp.com/team/ndwffs/page/upcoming-national-meets/2024-zones>
- ZONE APPAREL:** Presales and onsite availability. Our vendor is Lane4Athletic. Merchandise link can be found on the meet website.
- OTHER INFORMATION:** The [FM Convention and Visitors Bureau](#) is a fantastic site. Live steam will be available from the meet website.